

Simply The Best AB

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2
編舞者: Dee Palmer (USA) - 11 May 2021
音樂: The Best - Tina Turner : (iTunes)

級數: Absolute Beginner



#16 count intro

NO TAGS/RESTARTS

DIAGONAL STEP TOUCH (K STEP WITH CLAPS)

- 1-2 Step right diagonally forward, touch left together, clap
- 3-4 Step left diagonally back, touch right together, clap
- 5-6 Step right diagonally back, touch left together, clap
- 7-8 Step left diagonally forward, touch right together, clap

VINE RIGHT AND LEFT WITH DIAGONAL KICKS

- 1-4 Step right to right side, step left behind, step right to side, kick left foot diagonally
- 5-8 Step left to left side, step right behind, step left to side, kick right foot diagonally

JAZZ BOX X 2 WITH 1/4 RIGHT TURN

- 1-2 Cross right foot over left foot, step left foot back
- 3-4 Turning 1/4 right, step right foot to side, step left foot forward
- 5-6 Cross right foot over left foot, step left foot back
- 7-8 Turning 1/4 right, step right foot to side, step left foot

RIGHT CHASSE, LEFT BACK ROCK, LEFT CHASSE, RIGHT ROCK BACK (LINDY R & L)

- 1&2 Step right foot to right side, step left foot next to right, step right foot to right side
- 3-4 Rock back on left foot, recover onto right foot
- 5&6 Step left foot to left side, step right foot next to left, step left foot to left side
- 7-8 Rock back on right foot, recover onto left foot

REPEAT

Dedicated To All The Great Dancers I've Taught At Sun N Fun, The Elk's Lodge, The Methodist Church, Silver Palms, And At The Ruskin Senior Center, Florida. You Are "The Best".

Last Update: 6 Jun 2023