

# La La Latinas

COPPER KNOB  
STEPSHEETS

拍數: 96      牆數: 1      級數: Phrased Advanced  
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音樂: GIRL LIKE ME - Black Eyed Peas & Shakira



Sequence: ABB AAC Tag BBAC Tag BAC

Introduction: 8 counts

## PART A (32 COUNTS):

### [1-8] JUMP R L R, CHEST POP, JUMP L R L, CHEST POP

(from count &1 to &4 : L hand to L hip and R hand to your head like a soldier)

&1&2      Jump on RF side, Touch L toe behind RF, Jump on LF side, Touch R toe behind LF

&3&4      Jump on RF side, Touch L toe behind RF, Push chest out, Contract chest back

(from count &5 to &8: R hand to R hip and L hand to your head like a soldier)

&5&6      Jump on LF side, Touch R toe behind LF, Jump on RF side, Touch L behind RF

&7&8      Jump on LF side, Touch R toe behind LF, Push chest out, Contract chest back

### [9-16] BIG STEP, DRAG, CLOSE HEEL, JACKSON KICK, WIZARD STEP, 1/8 TURN WITH HIP LIFT x2

1-2      Big step RF diagonally back ↘, Drag LF in

&3      Step LF together, Touch R heel forward

&4      Flick RF side with hip in, Hook RF forward with hip out

5-6&      Step RF forward, Lock LF behind RF, Step RF Forward

7-8      1/8 turn R on RF with L hip lift, 1/8 turn R on RF with L hip lift

### [17-24] STEP SIDE, SAILOR STEP 1/4 TURN, CAMEL WALK L-R, SIDE TOUCH x2

1      Step LF side

2&3      Step RF behind LF, 1/4 turn R stepping LF side, Step RF forward

(from counts 4 to 5 : hands on hips)

4      Step LF forward as you touch R toe together and pop R knee (tilt head to L)

5      Step RF forward as you touch L toe together and pop L knee (tilt head to R)

6-7      Step LF side, Touch R toe together

&8      Step RF side, Touch L toe together

### [25-32] HEEL GRIND 1/2 TURN, STEP BACK, COASTER STEP, WALK, POINT, TRIPLE STEP

1-2      Step on L heel with 1/2 turn L, Step RF back

3&4      Step LF back, Step RF together, Step LF forward

5-6      Step RF forward, Point L toe side

7&8      Step LF together, Step RF together, Step LF together

## PART B (32 COUNTS):

### [1-8] WHISK, 1/4 TURN WHISK, ROCK WITH HIP, CROSS SAMBA

1a2      Step RF side, Rock step LF back, Recover on RF forward

3a4      1/4 turn R Stepping LF side, Rock step RF back, Recover on LF forward

5-6      Rock step RF forward rolling R hip forward, Recover on LF back rolling L hip back

7a8      Cross RF over LF, Rock step LF side, Recover on RF side

### [9-16] WEAVE, TOUCH, SIDE MAMBO X2

(from count 1 to 4 : shimmy the shoulders)

1-2      Cross LF over RF, Step RF side

3-4      Cross LF behind RF, Touch R toe together

5&6      Rock step RF side, Recover on LF side, Step RF together

7&8      Rock step LF side, Recover on RF side, Step LF together

**[17-24] ROCK PRESS, COASTER STEP, POINT, FLICK ½ TURN, STEP LOCK STEP**

- 1-2 Rock RF forward with a press as you start a body roll, Recover on LF back  
3&4 Step RF back, Step LF together, Step RF forward  
5-6 Point LF forward, ½ turn R Flicking LF back  
7&8 Step LF forward, Lock RF behind LF, Step LF Forward

**[25-32] MAMBO X2, SIDE ROCK, ROCK PADDLE TURN 3/4 TURN L, TOUCH**

- 1&2 Rock step RF forward, Recover on LF back, Step RF together  
3&4 Rock step LF forward, Recover on RF back, Step LF together  
5&6& ¼ turn L rocking RF side, Recover on LF side, ¼ turn L rocking RF side, Recover on LF side  
7&8 ¼ turn L rocking RF side, Recover on LF side, Touch R toe together

**PART C (32 COUNTS):****[1-8] STEP TOUCH X2, V STEP**

- 1-2 Step RF diagonally forward ↗, Touch LF together  
**(Straight L arm at belly level on right diagonal, bring it down)**  
3-4 Step LF diagonally forward ↖, Touch RF together  
**(Straight R arm at belly level on left diagonal, bring it down)**  
5-6 Step RF diagonally forward ↗, step LF diagonally forward ↖  
7-8 Step RF back, Step LF together

**[9-16] TOE STRUT WITH BUMP x2, ROCK STEP BACK, ¼ TURN CROSS, SIDE**

- 1-2 Touch R toe back with R bump, Drop R heel  
3-4 Touch L toe back with L bump, Drop L heel  
5-6 Rock step RF back, Recover on LF forward  
7-8 ¼ Turn R Crossing RF over LF, Step LF side

**[17-24] JAZZBOX HIP BUMP, WALK X3, HIP BUMP**

- 1-2 Cross RF over LF, Step LF back  
3-4 Step RF side, Touch LF slightly forward as you bump L hip  
5-6 Step LF forward, Step RF forward  
7-8 Step LF forward, Touch RF together as you bump R hip

**[25-32] ROLLING VINE TOUCH, ROLLING VINE 1/4 TURN TOUCH**

- 1-2 ¼ Turn R stepping RF forward, ½ Turn R stepping LF back  
3-4 ¼ Turn R stepping RF side, Touch RF together  
5-6 ¼ Turn L stepping LF forward, ½ Turn L stepping RF back  
7-8 ¼ Turn L stepping LF side, ¼ Turn L touching RF together

**TAG (16 COUNTS):****[1-8] SIDE, TOGETHER, SIDE WITH POP/TWERK, SIDE, CROSS, ½ TURN HITCH**

- 1-2 Step RF side, Step LF together  
3&4 Step RF side, Pop chest or hips forward twice (bring arms to chest)  
5-6 Step LF side, Cross RF over LF  
7-8 ¼ Turn R Stepping LF back, ¼ Turn R Hitching R knee

**[9-16] SIDE, TOGETHER, SIDE WITH POP/TWERK, SIDE, CROSS, ½ TURN HITCH**

- 1-2 Step RF side, Step LF together  
3&4 Step RF side, Pop chest or hips forward twice (bring arms to chest)  
5-6 Step LF side, Cross RF over LF  
7-8 ¼ Turn R Stepping LF back, ¼ Turn R Hitching R knee

**Have FUN, good luck !!**

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