

Amour Fou

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Rebecca Blower (UK) - April 2021
音樂: Amour Fou - ZOË



Start after 16 counts...

SECTION 1: Shuffle forward twice, Rock, Recover, Lock step (or shuffle) back

1&2 Step R forward, step L behind R, step R forward,
3&4 Step L forward, step R behind L, step L forward,
5-6 Rock forward R, Recover L,
7&8 Step R back, lock L across R, step R back,

SECTION 2: Lock step/shuffle back, Rock, recover, 1/4 turn twice

1&2 Step L back, lock R across Left, step L back,
3-4 Rock back R, recover L,
5-6 Step forward R, pivot 1/4 turn to left, recover L (09:00),
7-8 Step forward R, pivot 1/4 turn to lefty , recover L (06:00).

SECTION 3: 3 walks forward, tap side, behind, side, walk forward twice

1-2 Walk forward R, L,
3-4 Walk forward R, Tap L foot to L side,
5-6 Tap L foot behind, Tap L foot to side,
7-8 Walk forward L, R,

SECTION 4: Step forward, tap side, behind, side, Jazz Box 1/4 turn

1-2 Walk forward L, Tap R foot to R side,
3-4 Tap R foot behind L, Tap R foot to R side ***
5-6 Cross R over L, 1/4 turn stepping back L (09:00),
7-8 Step R to R side, step forward L (09:00)

*** RESTART on wall 4 after 28 counts... After tapping R foot to R side, miss out the jazz box and go straight to the start (shuffles forward).

Music goes quiet and sounds like a heart beat ♥

Option to start immediately by beginning at SECTION 3 (this will alter the wall positions listed above)

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