

# Nona Manis

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Caecilia M Fatruan (INA) - May 2021  
音樂: Nona Manis - Abylio



The Dance begins when the Singer sings.

## S1. STEP FWD DIAGONALLY, STEP BACK DIAGONALLY

1-2      RF Step fwd diagonally to the R side, LF close  
3-4      LF step back diagonally to the L side, RF close  
5-6      RF step back diagonally to the R side, LF close  
7-8      LF step Fwd diagonally to the L side, RF close

## S2. PIVOT ¼ TURN 2x, JAZZ BOX

1-2      RF step fwd weight on R, LF ¼ turn to the L side  
3-4      RF step fwd weight on R, LF ¼ turn to the L side  
5-6      RF step in front of LF, LF step to the L side while ¼ turn to the R side  
7-8      RF step to the right side, LF Step in front of RF

## S3. TIP TOE, HEEL, STEP FWD, ROCK RECOVER

1-2      RF Tip toe, RF heel  
3-4      RF Step Fwd, LF Tip Toe  
5-6      LF Heel, LF Step Fwd  
7-8      RF Rock Fwd, Recover on LF

## S4. HALF TURN RIGHT CHASSE, HALF TURN LEFT CHASSE, STEP BACK, HIP SWAY

1&2      RF step ¼ turn to the R side, LF step close (&) RF step to R side while ¼ turn to R side  
3&4      LF step ¼ turn to L side, RF close while ¼ turn to R side (&) LF step to R side while ¼ turn  
the R side  
5-6-7-8      RF step back, recover on LF while Hip Sway R,L,R,L

## TAG 4 count, After Walls 3, 4, 5, 7, 10, 11

1-2-3-4      Swivel both heels Right Fwd diagonally

Well Done..You did it

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