

Runaway Rumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Darren Tubridy (UK), David Sinfield (UK), Elaine Cook (CAN), Rob Fowler (ES) & I.C.E. (ES) - May 2021
音樂: Runaway Bay - Gramps Morgan



Intro: 32 Counts - approx 17 secs

S1: R Side, Together, Side, Hold, L Side, Together, Side, Hold

1,2,3,4 Step R Side, Step L beside R, Step R Side, Hold

5,6,7,8 Step L Side, Step R beside L, Step L Side, Hold

S2: R Rumba Box Forward

1,2,3,4 Step R Side, Step L beside R, Step R Forward, Hold

5,6,7,8 Step L Side, Step R beside L, Step L Back, Hold

S3: Rumba Walks Back (RLR), Hold, L Back Mambo, Hold

1,2,3,4 Walk Back R, L, R, Hold

5,6,7,8 Rock L Back, Recover R, Step L Forward, Hold

S4: Rumba Walks Forward (RLR), Hold, Step L, Pivot ¼ Right, Sway L, Hold

1,2,3,4 Walk Forward R, L, R, Hold

5,6,7,8 Step L Forward, Make ¼ turn right swaying on to R, Sway L, Hold

Start Over

Choreographers' note to Instructors:

The music phrasing has two restarts, however, to keep the Beginner Level, we have written the choreography to flow through these restarts.

Contacts:

elainecook82@gmail.com

lightningladdave@gmail.com

darrentubridy59@gmail.com