

# Down For The Ride

拍數: 40      牆數: 4      級數: High Improver  
編舞者: Runa (DK) - May 2021  
音樂: Down For The Ride - ItaloBrothers : (iTunes)



Intro: 16 c - Phrasing: 40-32- TAG (6:00) -36-32-32- TAG (9:00) -36-40-36

## S1. Walk, walk, fwd shuffle, L rocking-chair

1-2            Steo fwd on R, step fwd on L  
3&4           Step fwd on R, step L beside R, step fwd on R  
5-6           Rock fwd on L, recover on R  
7-8           Rock back on L, recover on R

## S2. Step, turn, fwd shuffle, jazzbox ¼ turn R, cross

1-2            Step fwd on L, make ½ turn R taking weight on RF (6:00)  
3&4           Step fwd on L, step R beside L, step fwd on L  
5-6           Cross R over L, step back on L ¼ turn R (9:00)  
7-8           Step R to R side, cross L over R

## S3. Side-rock, cross-shuffle x 2 ( R-L)

1-2            Rock R to R side, recover on L  
3&4           Cross R over L, step L to L side, cross R over L  
5-6           Rock L to L side, recover on R  
7&8           Cross L over R, step R to R side, cross L over R

## S4. Side, together, fwd shuffle, ¼ turn R, ¼ turn R, fwd, touch

1-2            Step R to R side, step L beside R  
3&4           Step R fwd, step L beside R, step R fwd  
5-6           Step L back ¼ turn R, step R fwd ¼ turn R (3:00)  
7-8           Step fwd on L, touch R beside L

## S5. Out, out, in, in, touch heel to R, touch heel to L

1-2            Step R diag fwd, step L diag fwd  
3-4           Step R back in centre, step L back in centre  
5-6           Touch R heel to R side with toes pointing to R, step R beside L  
7-8           Touch L heel to L side with toes pointing to L, step L beside R

## Tag: 16 count TAG:

1-2-3-4       Step diag fwd on R, touch L beside R, step diag back on L, touch R beside L

## During count 1-4: Raise your arms fwd with palms of hands upwards ( Lyric: So Come... )

5-6-7-8       Step diag back on R, touch L beside R, step diag fwd on L, touch R beside L

## During count 5-8: Touch both your hands toward your chest ( Lyric: With Me ...)

1-2-3-4       Step fwd on R heel and as you grind turn ½ R, step back on L, step R back beside L, step fwd on L

5-6-7-8       Step fwd on R, point L to L side, step fwd on L, point R to R side