

I've Got to Stop Loving You

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Novice
編舞者: Tjwan Oei (NL) & The Highway 51 B Dancers (NL) - May 2021
音樂: I've Gotta Stop Loving You (And Start Living Again) - Patty Loveless



Start the dance on lyrics .

[01] Step forward - Side touch - Hold - Step back - Side touch - Hold

1-2-3 LF. Step forward - RF. Touch to right side - Hold
4-5-6 RF. Step back - LF. Touch to left side - Hold

[02] Waltz forward with ½ turn to left - Waltz back with ¼ turn to left

1-2-3 LF. Step ¼ turn left forward - RF. Step ¼ turn left forward - LF. Step together [06.00]
4-5-6 RF. Step ¼ turn left back - LF. Step back - RF. Step together [03.00]

[03] Diag . rock right forward - Recover - Step together - Diag. rock left forward - Recover - Step together

1-2-3 LF. Rock diagonally to right forward - Recover weight onto RF. - LF. Step together beside RF.
5-6-7 RF. Rock diagonally to left side - Recover weight onto LF. - RF. Step together beside LF.

[04] Weave to right side - Drag and touch - ¼ Turn to left

1-2-3 LF. Cross over RF. - RF. Step to right side - LF. Cross behind RF.
4-5-6 RF. Large step to right side - LF. Drag and touch beside RF. - RF./LF. ¼ turn to left [12.00]

[05] Step forward - Kick forward (2x) - Step back with ¼ turn to left - Step back - Step together

1-2-3 LF. Step forward - RF. Kick forward (2 x)
4-5-6 RF. Step ¼ turn to left back - LF. Step back - RF. Step together [09.00]

[06] Weave to right side - Drag and touch - ¼ Turn to left

1-2-3 LF. Cross over RF. - RF. Step to right side - LF. Cross behind RF.
4-5-6 RF. Large step to right side - LF. Drag and touch beside RF. - RF./LF. ¼ turn to left [06.00]

[07] Rock forward - Recover- Step back - Step forward - Sweep (from back to front) ½ turn right - Side touch

1-2-3 LF. Rock forward - Recover weight onto RF. - LF. Step back
4-5-6 RF. Step forward - LF. Sweep (from back to front) ½ turn right - LF. Touch to left side [12.00]

[08] Cross over - Side touch - Hold - Cross over - Unwind ½ turn left - Step together

1-2-3 LF. Cross over RF. - RF. Touch to right side - Hold
4-5-6 RF. Cross over LF. - RF./LF. ½ turn unwind to left - RF. Step together [06.00]

TAG 1 :

After wall One and wall Two :

Hips sway (R - L - R)

1-2-3 Hips sway (R - L - R)

TAG 2 :

After wall Three (instrumental part) Sixteen counts tag :

Twinkle forward - Twinkle ½ turn right - Twinkle forward - Twinkle ½ turn right - Hips sway (R - L - R)

1-2-3 LF. Cross over RF. - RF. Step to right side - LF. Step together

4-5-6 RF. Cross over LF. - LF. Step ¼ turn right forward - RF. Step ¼ turn right forward

7-8-9 LF. Cross over RF. - RF. Step to right side - LF. Step together

10-11-12 RF. Cross over LF. - LF. Step ¼ turn right forward - RF. Step ¼ turn right forward

13-14-15 Hips sway (R - L - R)

ENDING :

Repeat Bloc 07 and Bloc 08 (twice) till the end of the music , face to 12.00 .
