

Stomp'n Grounds

COPPER KNOB
STEP SHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Donna Manning (USA) - May 2021
音樂: Stomp'n Grounds - Reyna Roberts



****2 restarts on walls 1 and 3 after 40 counts
32 count intro**

Sec.1 (1-8) Walk back L,R,L, Out-Out, Hip Roll -Hitch, Back R,L

1,2,3 Walk back L-R-L
&4 Out to the R side with R - out to the L with L
5-6 Clockwise hiproll (R to L), small R hitch as you sit on L hip
7,8 Step R back pop L knee, Step L back pop R knee (12:00)

Sec.2 (9-16) Side - back rock recover R & L, Side, Hold, Slap, Slap, Clap

1, 2& Step R to R side, L back rock, recover to R
3, 4&5 Step L to L side, R back rock, recover to L, step R to R side
6 Hold....you can decide what to do with your arms - fun
7&8 Slap thighs as both hands go back, slap thighs as hands come forward, clap as you shift weight to the L (12:00)

Sec.3 (17-24) ¾ Diamond, Rock, Replace

1,2&3 Step R to side, walk L,R to fwd R diagonal, ¼ to R step L to side face 3:00
4&5 Back R- L to the back diagonal, ¼ to R step R to R side (6:00)
6&7,8 Walk L-R to R fwd diagl, ¼ to R rock L to side, recover to R (9:00)

Sec.4(25-32) Back Rock - Side L & R, Walk L-R-L, Hitch, Back

1&2 L back rock, recover to R, step L to L side
3&4 R back rock, recover to L, Step R to R side
5,6,7&8 Walk L-R-L to fwd outside diag, small R hitch, step back R (9:00)

Sec.5(33-40) Full turn Box, Side-touch, Side Triple

1& Step L to L side, ¼ to L touching R next to L (6:00)
2& Step R to R side, ¼ to L touching L next to R (3:00)
3& Step L to L side, ¼ to L touching R next to L (12:00)
4& Step R to R side, ¼ to L touching L next to R (9:00)
5,6 Step L to L side, touch R next to L
7&8 Step R to R, close L to R, Step R to R (9:00)

*****RESTART here walls 1 facing 9:00 & 3 facing 3:00**

Sec.6(41-48) Ball-Side Rock, Recover, Ball-Side Rock, Recover, Ball Fwd Rock, Recover, Coaster- Hitch

&1-2 Ball of L to R, rock R to R side, recover to L
&3-4 Ball of R to L, rock L to L side, recover to R
&5-6 Ball of L to R, rock R forward, recover to L
7&8& Step R back, close L to R, step R forward, small hitch with L

EOD !!!! Have fun, smile & laugh!!!! Please do not alter this step sheet.

Questions to Donna : donnaz.mkgal@gmail.com