Sayang Sayang

拍數: 32

級數: Beginner

編舞者: lin Setiaji (INA) - May 2021

音樂: Sayang Sayang - Safitri

Intro : 16 counts, start dance on vocal

#1: ROCKING CHAIR 2X, CROSS SHUFFLE R, HITCH L, CROSS SHUFFLE L

- 1&2& Step R forward, recover on L, step R back, recover on L
- 3&4& Step R forward, recover on L, step R back, recover on L
- 5&6& Cross R over L, step L to side, cross R over L, L knee up
- 7&8 Cross L over R, step R to side, cross L over R

#2: SCISSOR R-L, SWAY RLR, CLOSE

- 1&2 Step R to side, close L together, cross R over L
- 3&4 Step L to side, close R together, cross L over R
- 5-6-7-8 Sway hip to right (Moving hip from left to right hip statis with pushing forward diagonally than drawing a circle to the side, then push/move the hip slightly back weight on right side), Moving the body weight from R to L with sway hip from right to left, Sway hip left to right weight on R, close L beside R

#3: 1/2 RUMBA BOX 2X, PIVOT ¼, CROSS, CHASSE

- 1&2 Step R to side, close L together, step R forward
- 3&4 Step L to side, close R together, step L forward
- 5&6 Step R forward, 1/4 turn left step L in place (9.00), cross R over L
- 7&8 Step L to side, step R beside L, step L to side

#4: CROSS ROCK, SIDE ROCK, CROSS ROCK, SLIDE/DRAG, CROSS ROCK, SIDE STEP, SWAY RL

- 1&2& Cross R over L, Step L in place, Step R side, Step L in place
- 3&4 Cross R over L, Step L in place, Slide R to side with drag L to R
- 5&6 Cross L over R, Step R in place, Step L to side
- 7-8 Hip to R-L

Restart on Wall 1 after 16 Counts

Email : saptri@yahoo.com





牆數:4