

# Our Life

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Anette Starup (DK) - May 2021  
音樂: This Is Our Life - Bosson



Intro: 36 counts

## S1: CROSS ROCK, CHASSE, CROSS SIDE, SAILOR DIAGONALT ( 7:30 )

1-2            Cross R over L, recover L  
3&4            Step R to R side, step L beside R, step R to R side  
5-6            Cross L over R, step R to R side  
7&8            SweepL back 1/4, step R to R side, step L to L side turning 1/8 (7:30)

## S2: STEP HITCH, BACK SWEEP, BEHIND SIDE, CROSS SHUFFLE

1-2            Step fwd. R , hitch L knee (7:30)  
3-4            Back L, sweep R back  
5-6            Cross R behind L, step L to L side 1/8 R ( 9:00)  
7&8            Cross R over L, step L to L side, cross R over L

## S3: SIDE ROCK 1/4 , SHUFFLE FWD. , JAZZ BOX 1/4 R

1-2            Step L to L side, recover R turning 1/4 R (12:00)  
3&4            Step fwd. L , step R beside L, step fwd. L RESTART wall 10 (3.00)  
5-6            Cross R over L, step back L turning 1/4 R (3:00)  
7-8            Step R to R side, cross L over R

## S4: SIDE TOUCH, KICK BALL CROSS, SIDE BEHIND, CHASSE

1-2            Step R to R side, touch L toe beside R  
3&4            Kick L diagonalt ( 1:30) , step L beside R, cross R over L  
5-6            Step L to L side, step R behind L  
7&8            Step L to L side, step R beside L, step L to L side (3.00)

RESTART : WALL 10 AFTER SHUFFLE FWD. ( 3.00 )

ENDING : WALL 16 AFTER CROSS SIDE ( 6.00) SAILOR 1/2 TURN L FACING 12.00

HAVE FUN :-)

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