

Our Life

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Anette Starup (DK) - May 2021
音樂: This Is Our Life - Bosson



Intro: 36 counts

S1: CROSS ROCK, CHASSE, CROSS SIDE, SAILOR DIAGONALT (7:30)

1-2 Cross R over L, recover L
3&4 Step R to R side, step L beside R, step R to R side
5-6 Cross L over R, step R to R side
7&8 SweepL back 1/4, step R to R side, step L to L side turning 1/8 (7:30)

S2: STEP HITCH, BACK SWEEP, BEHIND SIDE, CROSS SHUFFLE

1-2 Step fwd. R , hitch L knee (7:30)
3-4 Back L, sweep R back
5-6 Cross R behind L, step L to L side 1/8 R (9:00)
7&8 Cross R over L, step L to L side, cross R over L

S3: SIDE ROCK 1/4 , SHUFFLE FWD. , JAZZ BOX 1/4 R

1-2 Step L to L side, recover R turning 1/4 R (12:00)
3&4 Step fwd. L , step R beside L, step fwd. L RESTART wall 10 (3.00)
5-6 Cross R over L, step back L turning 1/4 R (3:00)
7-8 Step R to R side, cross L over R

S4: SIDE TOUCH, KICK BALL CROSS, SIDE BEHIND, CHASSE

1-2 Step R to R side, touch L toe beside R
3&4 Kick L diagonalt (1:30) , step L beside R, cross R over L
5-6 Step L to L side, step R behind L
7&8 Step L to L side, step R beside L, step L to L side (3.00)

RESTART : WALL 10 AFTER SHUFFLE FWD. (3.00)

ENDING : WALL 16 AFTER CROSS SIDE (6.00) SAILOR 1/2 TURN L FACING 12.00

HAVE FUN :-)

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