

Ram Pam Pam

拍數: 48 牆數: 2 級數: Phrased Improver
編舞者: Roosamekto Mamek (INA) - May 2021
音樂: Ram Pam Pam - Natti Natasha & Becky G.



Intro: 16 count (on vocals)

SEQUENCE: A,B,B,A, A,B,B,A, A,B,B,A, A16

PART A (32 COUNT)

A1. SCISSOR STEP, SIDE, BOTAFOGO, CROSS ROCK, BOTAFOGO

1&2& Step R to side - Step L together - Cross R over L - Step L to side (12:00)
3&4 Cross R over L - Rock L to side - Recover on R
5&6& Cross/Rock L over R - Recover on R - Rock L to side - Recover on R
7&8 Cross L over R - Rock R to side - Recover on L (12:00)

A2. SAILOR STEP RIGHT & LEFT, CROSS ROCK, COASTER STEP TURN 1/4 RIGHT

1&2 Cross R behind L - Step L together - Step R to side (12:00)
3&4 Cross L behind R - Step R together - Step L to side
5&6& Cross/Rock R over L - Recover on L - Rock R to side - Recover on L
7&8 Cross R behind L - Turn 1/4 right step L together - Step R forward (3:00)

A3. FORWARD MAMBO, BACK MAMBO, VOLTA TURN 3/4 LEFT

1&2 Rock L forward - Recover on R - Step L back (3:00)
3&4 Rock R back - Recover on L - Step R forward
5&6& Step L forward - Step R together - Turn 1/4 left cross L over R - Step R together
7&8 Turn 1/4 left cross L over R - Step R together - Turn 1/4 left cross L over R (6:00)

A4. SIDE CHASSE, TOUCH, SIDE CHASSE, JAZZ BOX CROSS

1&2& Step R to side - Step L together - Step R to side - Touch L together (6:00)
3&4 Step L to side - Step R together - Step L to side
5-8 Cross R over L - Step L back - Step R to side - Cross L over R (6:00)

PART B (16 COUNT)

B1. SAMBA WHISK RIGHT & LEFT, SIDE MAMBO RIGHT & LEFT

1&2 Step R to side - Rock L behind R - Recover on R (6:00)
3&4 Step L to side - Rock R behind L - Recover on L
5&6 Rock R to side - Recover on L - Step R together
7&8 Rock L to side - Recover on R - Step L together (6:00)

B2. SIDE, TOUCH, SIDE, KICK, BEHIND, SIDE, CROSS

1&2& Step R to side - Touch L together - Step L to side - Kick R diagonal to right (6:00)
3&4 Cross R behind L - Step L to side - Cross R over L
5&6& Step L to side - Touch R together - Step R to side - Kick L diagonal to left
7&8 Cross L behind R - Step R to side - Cross L over R (6:00)

REPEAT

For more info about step sheet & song, please contact:
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