

# La Luna

拍數: 0      牆數: 4      級數: Phrased Improver  
編舞者: Daniela Seidel (DE) - May 2021  
音樂: La Luna (Edit Mix) - Seemannstochter



## Start at the beginning

### Part A

#### Hip Sway / Shuffle / Forward Steps/ Forward Mambo

1 2 3&4      Right hip sway, left hip sway, shuffle to right  
5 6 7&8      Left hip sway, Right hip sway, shuffle left

1 2 3&4      RF forward, LF forward, RF forward 1/2 Turn to L, LF forward RF forward  
5 6 7&8      LF forward, RF forward, Rock Step L, Recover to R, LF close

### Repeat Part A

### Part B

#### Stationary Samba Walks with ¼ Turns to L

1&2      Close RF to LF, LF back with Part weight, replace on RF,  
3&4      Close LF to RF, RF back with Part weight replace on LF, Turn ¼ to L  
5-8      Repeat 1-4

1-8      Repeat 1-8

### Part C

#### Volta Turns and Rock steps with heelgrind

1&2&3&4      Step on RF, LF toe behind (&), Step on RF, LF toe behind (&), Step on RF, LF toe behind (&), Step on RF, ½ Circle turn over right shoulder during Counts 1-4  
5 6 7 8      LF Rock step forward with heel grind, LF Rockstep back

1&2&3&4      Step on LF, RF toe behind (&), Step on LF, RF toe behind (&), Step on LF, RF toe behind (&), Step on LF, ½ Circle turn over left shoulder during Counts 1-4  
5678      RF Rock step forward with heel grind, RF Rockstep back

### Part D

#### Slides , Back Rocks, Travelling Corta Jaca,

1 2&      RF Slide to right, Rock step back LF, ¼ Turn to L  
3 4&      LF Slide to left, Rock step back RF, ¼ Turn to L  
5-8      Repeat 1-4

1&2&3&4&      Travelling Corta Jaca to right with RF, R heel forward, LF replace and move slightly to right, R toe back, LF replace and move slightly to right, R heel forward, LF replace and move slightly to right, R toe back, LF replace and move slightly to right,  
5&6 7&8      RF side, LF Rock step back. LF side, RF Rock step back. ( It could be danced as a Samba whisk with Bounce action)

1-8      Repeat the Slide-Part  
1-8      Repeat the Travelling Corta Jaca-Part

### Part E 1

#### Rock steps , Twist Turn

1 2& 3 4&      RF forward, LF Forward Rock step, LF Back, RF Back Rock step  
5 6 7 8      RF forward, LF cross behind RF, ½ Twist Turn to L (7 8)

1-8 Repeat 1-8

**Part A**

**Part A**

**Part B**

**Part D**

**Part E 1**

**Part E 2**

**Rock steps, ½ Turn**

1 2& 3 4& RF forward, LF Forward Rock step, LF Back, RF Back Rock step  
5 6& 7 8 RF forward, LF forward ½ Turn to R, RF forward/replace, LF forward( 7 8)

1-8 Repeat 1-8

**Bridge**

**Toe Heel Action with Swivel, Hip Sway**

1 2 3 4 RF toe in, RF heel out, RF toe in , RF heel out,  
5 6 7 8 RF toe in, RF heel out, RF toe in , RF close on 8, Swivel on LF ½ Turn to L over 1-8

1 2 3 4 LF toe in, LF heel out, LF toe in , LF heel out,  
5 6 7 8 LF toe in, LF heel out, LF toe in , LF close on 8, Swivel on RF ½ Turn to R over 1-8

1 2 3 4 Right hip sway, Left hip sway, Right hip sway, Left hip sway,  
5 6 7 8& Right hip sway, Left hip sway, Right hip sway, Left hip sway,,RF close, Circle ½ Turn to L over 1-8

1 2 3 4 Left hip sway, Right hip sway, Left hip sway, Right hip sway,  
5 6 7 8 3 x Point LF, LF close, Turn 1/1 to R over 1-8

**Part D**

**Part E 1**

**Part E 2**

**Complete dance in order of dancing parts: A-A-B-C-D-E1-A-A-B-D-E1-E2-Bridge-D-E1-E2**

**Have fun !!**

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