

# Promise

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Sharon Hendron (N.IRE) - May 2021  
音樂: Promise - Stevie McVeigh



**Intro: Begin after 32 counts**

## **FWD ROCK, RECOVER, BK SHUFFLE, ½ TURN X2, COASTER**

1,2            Rock fwd R, recover onto L  
3&4           Step back R, close L next to R, step back R  
5,6            L ½ turn onto L, L ½ turn onto R  
7&8            Step back on L, close R next to L, step fwd L

## **SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK, RECOVER, WEAVE ¼ R**

1,2            Rock R to R side, recover onto L  
3&4            Cross R over L, bring L behind R, cross R over L  
5,6            Rock L to L side, recover onto R  
7&8            Step L behind R, ¼ turn R onto R, step fwd L

## **FWD ROCK, RECOVER, ½ SHUFFLE, ½ TURN X2, FWD SHUFFLE (or shuffle full turn)**

1,2            Rock fwd R, recover onto L  
3&4            R ¼ turn onto R, close L next to R, R ¼ turn stepping fwd on R  
5,6            R ½ turn onto L, R ½ turn onto R  
7&8            Step fwd L, close R next to L

**ALT. R ½ turn onto L, R ¼ turn onto R, R ¼ turn stepping L fwd**

## **SIDE TOUCH X 2, HIP SWAYS**

1,2            Step R to R side, touch L beside R (finger clicks)  
3,4            Step L to L side, touch R beside L (finger clicks)  
5,6            Sway hips R, L  
7,8            Sway hips R,L

**Just Let Yourself Get Lost In The Music & Enjoy This Exceptional Independent Singer/Songwriter =)**

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