

Got It From My Mama

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Michelle Wright (USA) - May 2021
音樂: Got It from My Mama - Honey County



This dance is in honor of my amazing Mom who passed away in 2009 after a long battle with breast cancer and dedicated to all the other amazing Moms out there.

Restart after 12 counts (back shuffle) on wall 2 (3 o'clock)

Section 1: Point R out in out, weave, L step ¼ pivot, ½ turn, ¼ turn, L cross

1&2 Point R to R side, Touch R next to L, Point R to R
3&4 Cross R behind L, Step L to L side, cross R over L
5,6 step L forward, ¼ pivot R weight on R (3 o'clock)
7&8 ½ turn R stepping back L, ¼ turn R stepping R to R side, Cross L over R (12 o'clock)

Section 2: R side slide w /L drag, L hitch, L Back shuffle, R back rock recover, R step ½ pivot, R ¼ point

1,2 R side slide and drag L toe to R, hitch L knee
3&4 Step L back, Step R next to L, Step L back
 Restart here on wall 2
5,6 Step R back, Recover on L
7&8 Step R forward, ½ turn L putting weight on L, keep weight on L turn ¼ L pointing R to R side (3 o'clock)

Section 3: R sailor step, Skate L, Skate R, L Forward mambo with R back drag, Back R & L with sweeps

1&2 Step R behind L, Step L to L side, Step R to R side
3,4 Step L to L diagonal, Step R to R diagonal
5&6 Step forward L, Recover on R, Big L step back while dragging R foot back to L
7,8 Step back R, sweep L from front to back, Step back L, sweep R foot from front to back (3 o'clock)

Section 4: Weave, sway L, sway R, L Cross Rock, recover, L ¼ forward shuffle

1&2 Cross R behind L, Step L to L side, Cross R over L
3,4 Step L to L side as you sway hips L, sway hips R
5,6 Cross L over R, Recover on R
7&8 ⅓ turn L stepping L to L side, ⅓ turn L stepping R next to L, Step forward L (12 o'clock)

Section 5: Heel switches, R Step 1/2 pivot, heel switches, R 1/4 pivot

1&2& Touch R heel forward, step R next to L, touch L heel forward, step L next to R
3,4 Step R forward, make a ½ pivot over L shoulder weight on L (6 o'clock)
5&6& Touch R heel forward, step R next to L, touch L heel forward, step L next to R
7,8 Step forward R , ¼ pivot over L weight on L (3 o'clock)

Section 6: R Cross side sailor step, L Cross, R ¼ back, 1/4 forward L shuffle

1,2 Cross R over L, Step L to L side
3&4 Cross R behind L, Step L to L side, Step R to R side
5,6 Cross L over R, Step back R making a ¼ turn L * styling lift L foot to R ankle as you make ¼ turn (12 o'clock)
7&8 1/8 turn L stepping L to L side, Step R next to L, ⅓ turn L stepping L forward (9 O clock)

End of dance!

Dance ends naturally facing 12 o'clock if danced to the very end of the song completing 40 counts of last wall.

Any questions email Michellelinedance@gmail.com
