

Big & Strong Rasputin

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Heru Tian (INA) - May 2021
音樂: Rasputin - Majestic & Boney M.



Dance Seq : 64 32 64 36 64 16 64 36 36

Intro : 28 Counts - No tag, 4 restart

** Restart on wall 2 after 32c, wall 4 after 36c, wall 6 after 16c, and wall 8 after 36c

(01-08) SECTION 1 ; R, L WALK FWD-R SCUFF- R 1/4 TURN L SIDE- HIP BUMP L- HIP BUMP R X3

- 1-2 Walk Rf Fwd (1), Walk Lf Fwd (2)
- 3-4 Scuff Rf (3), Make A ¼ Turn L Step Rf To Side Facing 9.00 (4) Push Hip To Right
- 5 Transfer Weight To Lf Push Hip To Left (5)
- 6-8 Return Weight To Rf Push Hip To Right (6) (7) (8)

(09-16) SECTION 2: L SIDE- R CROSS-L SIDE- R CROSS- 1/2 TURN L UNWIND- L SIDE POINT- L TOGETHER- R SIDE POINT- CLAPS X2

- 1-4 Step Lf To Side (1), Cross Rf Over Lf (2), Step Lf To Side (3), Cross Rf Over Lf (4)
- 5-6 Make A ½ Turn L Unwind (5) Facing 3.00 , Point Lf To Side (6)
- &7&8 Close Lf To Rf (&), Point Rf To Side (7), Clap (&), Clap (8)

*** restart here on wall 6 after 16c, restart facing 12.00

(17-24) SECTION 3: R CROSS ROCK- RECOVER- R SIDE CHASSE-L DIAGONALLY SYNCOPATED HEEL ROCKING CHAIR- L CROSS - KNEE POP

- 1-2 Rock Rf Cross Over Lf (1), Recover On Lf (2)
- 3&4 Step Rf To Side (3), Step Lf Together (&), Step Rf To Side (4)
- 5&6& Press Heel Lf To R Diagonal (5), Recover On Lf (&), Rock Lf Back (6), Recover On Lf (&)
- 7&8 Cross Lf Over Rf (7), Knee Pop (&) Return (8)

(25-32) SECTION 4: R SIDE ROCK- RECOVER- R BEHIND L SIDE- R CROSS- L 1/4 TURN L FWD- R 1/2 TURN L BIG STEP BACK- L DRAG- L BALL R STEP

- 1-2 Rock Rf To Side (1), Recover On Lf (2)
- 3&4 Cross Rf Behind Lf (3), Step Lf To Side (&), Cross Rf Over Lf (4)
- 5-6 ¼ Turn To L Step Lf Fwd (5) Facing 12.00, Make A ½ Turn L Take Rf A Long Step Back (6) Facing 6.00
- 7&8 Drag Lf To Rf (7), Ball Lf (&) Step Rf Fwd (8)

*** restart here on wall 2 after 32c (close lf together on count 8)

(33- 40) SECTION 5: L DIAGONAL FWD-L HEEL TAP X3- R TOUCH TOGETHER - R SIDE- HOLD- L TOGETHER- R SIDE

- 1-4 Touch Lf To L Diagonal (1), Tap Lf Heel (2), (3) , (4)

*** restart here on wall 4 & 8 after 36c

- 5-6 Touch Rf Together To Lf (5), Step Rf To Side (6)
- 7&8 Hold (7), Step Lf Together To Rf (&), Step Rf To Side (8)

(41-48) SECTION 6 :L FWD- R SCUFF HITCH- R FWD STOMP 1/2 TURN L- L FWD- R SCUFF HITCH- R FWD STOMP- PIVOT 1/4 TURN L

- 1-4 Step Lf Fwd (1), Scuff Rf And Hitch (2), Stomp Rf Fwd (3), Make A ½ Turn L Weight On Rf (4) Facing 12.00
- 5-8 Step Lf Fwd (5), Scuff Rf And Hitch (6), Stomp Rf Fwd (7), Pivot ¼ Turn L With On Lf (8) Facing 9.00

(49- 56) SECTION 7: R TOGETHER - L SIDE POINT - HOLD -L TOGETHER-R, L HEELS SWITCHES -

RROCK FWD- RECOVER - R 1/2 TURN R SHUFFLE STEP

- &1 Step Rf Together (&), Point Lf To Side (1)
2 Hold (2)
&3&4& Step Lf Together (&), Touch Rf Heel Fwd (3), Close Together (&), Touch L Heel Fwd (4),
Close Together (&)
5-6 Rock Rf Fwd (5), Recover On Lf (6)
7&8 Make A ¼ Turn R Step Rf To Side (7), Step Lf Together (&), Make A ¼ Turn R Step Rf Fwd
(8) Facing 3.00

(57-64) SECTION 8 : L, R, L WEAVE STEP-R SIDE POINT- R 1/4 TURN R JAZZ BOX-L TOGETHER

- 1-4 Cross Lf Over Rf (1) , Step Rf To Side (2), Cross Lf Behind Rf (3), Point Rf To Side (4)
5-8 Cross Rf Over Lf (5), Make A ¼ Turn R Step Lf Back (6) Facing 6.00, Step Rf To Side (7) ,
Close Lf Together With Rf (8)

***** ending on wall 9 after 36c and make a ½ turn L facing 12.00 for ending pose..**

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