

You Can Hear A Heart Break

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Nina Skyrud (NOR) & Cato Larsen (NOR) - April 2021
音樂: You Can Hear A Heart Break - Tony Ramey



Intro: Start the dance at vocal after 16 counts of intro (13 seconds)

[1-8] Side, Together, Shuffle back, Side, Together, Shuffle forward (Modified Rumba Box).

1,2 Step right foot to right side (1), Step left foot next to right (2). [12:00]
3&4 Step back on right (3), Step left next to right (&), Step back on right (4).
5,6 Step left foot to left side (5), Step right foot next to left (6).
7&8 Step forward on left (7), Step right next to left (&), Step forward on left (8).

[9-16] Step, ½ turn, Shuffle ½ turn, Back Rock Step, Triple Full turn.

1,2 Step forward on right (1), Turn (swivel) ½ turn left (2). [6:00]
3&4 Shuffle ½ turn left Stepping R,L,R (3&4). [12:00]
5,6 Step back on left (5), Rock (recover) weight forward again onto right (6).
7 Turn (pivot) ½ turn Stepping back on left (7). [6:00]
&8 Turn (pivot) ½ turn Stepping forward on right (&), Step forward on left (8). [12:00]

[17-24] Step, Hold & Snap, Scissor Step, Side, Touch, Point, Sailor ¼ turn.

1,2 Step right slightly diagonally forward right (1), Hold and Snap your fingers (2).
3&4 Step left to left side (3), Step right next to left (&), Cross left over right (4).
5&6 Step right to right side (5), Touch left toe next to right (&), Point left toe to left side (6).
7& Cross left behind right (7), Turn ¼ turn left Stepping right next to left (&). [9:00]
8 Step slightly forward on left (8).

[25-32] Rock Step, Coaster Step, Out-Out, Hold, Ball-Side.

1,2 Step forward on right (1), Rock (recover) weight back again onto left (2).
3&4 Step back on right (3), Step left next to right (&), Step forward on right (4).
5,6 Step left slightly diagonally forward left (5), Step right to right side (6).
7&8 Hold (7), Step left next to right (&), Step right to right side (8).

[33-40] Cross Rock, Triple ½ turn, ½ turn & Cross Shuffle, ½ turn & Cross Shuffle.

1,2 Step left diagonally forward across of right (1), Rock (recover) weight back again onto right (2).
3 Pivot ¼ turn left Stepping forward on left (3). [6:00]
& Pivot 1/8 turn left Stepping right to right side (&).
4 Cross left over right (4). [4:30]
5&6 Turn ½ turn right Crossing right over left (5), Step left to left side (&), Cross right over left (6). [7:30]
7&8 Turn ½ turn left Crossing left over right (7), Step right to right side (&), Cross left over right (8). [4:30]

[41-48] Side Rock, Weave, Side, Together, Cross Shuffle.

1,2 Squaring off towards 3 o'clock Step right to right side (1), Rock (recover) back again onto left (2). [3:00]
3&4 Cross right behind left (3), Step left to left side (&), Cross right across of left (4).
5,6 Step left to left side (5), Step right next to left (6).
7&8 Cross left over right (7), Step right to right side (&), Cross left over right (8).

No tags, no restarts!

Contact: ninasky@online.no - cl@western-entertainment.no
