

# You Can Hear A Heart Break

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Nina Skyrud (NOR) & Cato Larsen (NOR) - April 2021  
音樂: You Can Hear A Heart Break - Tony Ramey



**Intro: Start the dance at vocal after 16 counts of intro (13 seconds)**

**[1-8] Side, Together, Shuffle back, Side, Together, Shuffle forward (Modified Rumba Box).**

1,2                      Step right foot to right side (1), Step left foot next to right (2). [12:00]  
3&4                      Step back on right (3), Step left next to right (&), Step back on right (4).  
5,6                      Step left foot to left side (5), Step right foot next to left (6).  
7&8                      Step forward on left (7), Step right next to left (&), Step forward on left (8).

**[9-16] Step, ½ turn, Shuffle ½ turn, Back Rock Step, Triple Full turn.**

1,2                      Step forward on right (1), Turn (swivel) ½ turn left (2). [6:00]  
3&4                      Shuffle ½ turn left Stepping R,L,R (3&4). [12:00]  
5,6                      Step back on left (5), Rock (recover) weight forward again onto right (6).  
7                          Turn (pivot) ½ turn Stepping back on left (7). [6:00]  
&8                      Turn (pivot) ½ turn Stepping forward on right (&), Step forward on left (8). [12:00]

**[17-24] Step, Hold & Snap, Scissor Step, Side, Touch, Point, Sailor ¼ turn.**

1,2                      Step right slightly diagonally forward right (1), Hold and Snap your fingers (2).  
3&4                      Step left to left side (3), Step right next to left (&), Cross left over right (4).  
5&6                      Step right to right side (5), Touch left toe next to right (&), Point left toe to left side (6).  
7&                      Cross left behind right (7), Turn ¼ turn left Stepping right next to left (&). [9:00]  
8                          Step slightly forward on left (8).

**[25-32] Rock Step, Coaster Step, Out-Out, Hold, Ball-Side.**

1,2                      Step forward on right (1), Rock (recover) weight back again onto left (2).  
3&4                      Step back on right (3), Step left next to right (&), Step forward on right (4).  
5,6                      Step left slightly diagonally forward left (5), Step right to right side (6).  
7&8                      Hold (7), Step left next to right (&), Step right to right side (8).

**[33-40] Cross Rock, Triple ½ turn, ½ turn & Cross Shuffle, ½ turn & Cross Shuffle.**

1,2                      Step left diagonally forward across of right (1), Rock (recover) weight back again onto right (2).  
3                          Pivot ¼ turn left Stepping forward on left (3). [6:00]  
&                          Pivot 1/8 turn left Stepping right to right side (&).  
4                          Cross left over right (4). [4:30]  
5&6                      Turn ½ turn right Crossing right over left (5), Step left to left side (&), Cross right over left (6). [7:30]  
7&8                      Turn ½ turn left Crossing left over right (7), Step right to right side (&), Cross left over right (8). [4:30]

**[41-48] Side Rock, Weave, Side, Together, Cross Shuffle.**

1,2                      Squaring off towards 3 o'clock Step right to right side (1), Rock (recover) back again onto left (2). [3:00]  
3&4                      Cross right behind left (3), Step left to left side (&), Cross right across of left (4).  
5,6                      Step left to left side (5), Step right next to left (6).  
7&8                      Cross left over right (7), Step right to right side (&), Cross left over right (8).

**No tags, no restarts!**

Contact: [ninasky@online.no](mailto:ninasky@online.no) - [cl@western-entertainment.no](mailto:cl@western-entertainment.no)

---