

# Rock & Roll Found Me

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Sandra Moschel (FR) - 26 April 2021  
音樂: Rock & Roll Found Me - Eric Church



Procedure: 24-32-24-32-16-24-32-24-32-24-24-24-32-16-32-32

**[1-8] Step fwd (R and L) - Shuffle fwd - Rock back - Kick ball change**

1-2            RF forward - LF forward  
3 & 4        RF forward - left next to right - RF forward  
5-6        LF backwards with support - Back, presses right  
7 & 8        Kick Ball Change

**[9-16] Step fwd - ½ turn (R) - Hook- Shuffle fwd - Side shuffle - Rock back**

1-2            left forward - ½ turn right - cross right over left  
3 & 4        RF forward - left next to right - RF forward  
5 & 6        LF to left - RF next to LF - LF to left  
7-8        RF backward with support - Back support left

**[17-24] Side step - Hold - Behind side cross - Heel ball cross - Bounces - Bounces ¼ turn (R)**

1-2            RF right - Pause  
3 & 4        Step left behind right - Step right to right - Step left over right  
5 & 6        Heel ball cross  
7-8        Lift the 2 heels - Refit - Lift the 2 heels with ¼ turn right - Refit

**[25-32] Side rock - Behind side cross - Step back - Together - Shuffle fwd**

1-2            RF to the right with support - Back to press left  
3 & 4        RF behind left - step left to left - step right over left  
5-6        Left back - Right next to left  
7 & 8        LF forward - RF next to LF - LF forward

**Final: Step ½ turn to finish at 12:00**

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