

I Freaking Love You

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Michelle Wright (USA) - April 2021
音樂: I Freaking Love You - Rookie



Dance starts on lyrics - 2 restart, 1 easy tag/restart

Section 1: R side step, L Forward cross point, L side step, R Back cross point, R Side rock, recover , cross R over L, heel bounce (optional arms)

1,2 Step R to R side, Point L toe across R
3,4 Step L to L side, Point R toe behind L (Tag on wall 9 here see below)
5,6 Rock R to R side, Recover L
7&8 Cross R over L, bounce both heels up while slightly bending knees with optional arms,
 Recover weight on R

Optional arms: Bring both hands to chest and lift both hands forward off chest and bring back to chest as you recover on R (like a heartbeat) or make a heart with hands on chest and lift hands forward from chest keeping heart shape and bring back to chest as you recover on R (like a heartbeat)

Restart here on wall 4 changing foot work (Dance and restart is facing 9 o'clock) Restart:7&8: Touch R next to L and clap hands twice

Section 2: L side Step, R Forward cross point, R side Step, L Back cross point, L side rock ¼ turn Recover, Step L forward, hold

1,2 Step L to L side, Point R toe across L
3,4 Step R to R side, Point L toe behind R
5,6 Rock L to L side, ¼ turn R Recovering weight on R
7,8 Step L forward, Hold

Restart here on wall 2 adding double clap (Dance starts facing 9 o'clock, restart happens facing 12 o'clock)

Section 3: R Forward diagonal syncopated step touch, L back syncopated step touch, R back diagonal double hip bump, L forward double hip bump

&1,2 Step (hop) R forward on diagonal, Touch L next to R, Hold
&3,4 Step (hop) L back, Touch R next to L, hold
5,6 Step R foot back on diagonal as you bump R hip back x2 keeping weight over R
7,8 Recover weight on L while bumping L hip forward X2 keeping weight on L

Easier option for section 3: K step

Section 4: R Rocking chair, R step ½ pivot over L, R touch and double clap

1,2 Step R forward, Recover on L
3,4 Step R back, Recover on L
5,6 Step Forward R, make a ½ turn over L putting weight on L
7&8 Touch R next to L, Clap hands twice

Tag after first 4 counts on wall 9 (Tag starts and ends facing 9 o'clock): full run around over R

1&2&3&4 ¼ turn stepping forward R, ¼ stepping forward L, ¼ turn stepping forward R, ¼ Turn stepping forward L, ¼ turn stepping forward R, ¼ turn stepping forward L, ¼ turn stepping forward R, ¼ turn stepping forward L

End of dance! Have fun with this dance!

Any questions email: Michellelinedance@gmail.com