

Ballinas Cha Cha

COPPER **KNOB**
BY STEPHEN BATES

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Lucy Aprilina Lo (INA), Anna Bax (INA) & Aprillia Munarwati (INA) - April 2021
音樂: Besame - Andres Ballinas



SESSION 1: SIDE- CROSS ROCK -RECOVER- SIDE CHASSE- 1/2 PIVOT AND FLICK (Rf)- FORWARD LOCK SHUFFLE

1-2-3 step R to side- cross rock L over R - recover on R
4&5 Step L to side- step R together- step L to side
6-7 Step R forward- turn ½ L, flick R f
8&1 Step R forward- Lock L behind R- step R forward

SESSION 2: CUBAN BREAK R-L - 1/4 DIAMOND

2&3 Cross L over R- recover on R- step L to side on Ball
4&5 Cross R over L- recover on L - step R to side On ball
6&7 cross L over R- turn ¼ L, step R back (3.00)- Step L to side
8&1 Cross R over L- step L in place- step R to side

*** RESTART HERE ON WALL 4 AFTER 16 COUNT**

SESSION 3: SWAY L-R- CROSS SHUFFLE- SIDE ROCK- RECOVER -TURN ¼ R (6.00) ,COASTER STEP

2-3 Sway L- R
4&5 Cross L over R- step R slightly to side- cross L Over R
6-7 Rock R to side- recover
8&1 Turn ¼ to R and Step R back (with ronde)- step L beside R- step R Fwd.

SESSION 4: BUMPING HIP TWICE- BEHIND - SIDE- CROSS -STEP BACK, HOOK- FORWARD-CROSS-TOGETHER-SIDE

2&3 Touch R diagonal to side- bumping hip twice
4&5 Step L behind R-step R to side- cross L over R
6-7 Turn ¼ L , Step R back, hook L f over R knee- Step L forward
8& Cross R over L- step L beside R (optional : step L in place)

TAG: 8 C - AFTER WALL: 9 (facing 3.00)

STEP SIDE- SYNCOPATED CUBAN BREAKS -VOLTA TURN ¾ TO R

1,2&3&4&5 Step R to side(1) - cross rock diagonal L over R(2)- recover on R(&)- step L to side on ball(3)-
Step R in place (&) Cross rock diagonal L over R(4) - recover on R (&) - step L to side(5)
6&7&8& Turn ¼ R, Step R forward (6)(facing 6.00)- step L beside R (&) Turn ¼ R , step R forward (7)
(facing 9.00)- step L beside R (&) Turn ¼ R, step R forward(8) (facing 12.00) - step L beside
R (&)

On wall 10, start facing 3.00

RESTART on Wall 4 after 16 count

Enjoy the dance, be happy !!!

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