Every Little Step I Take

COPPER KNOB

拍數: 80

牆數:2

級數: Phrased Low Intermediate

編舞者: Debbie Ellis (ES), Monica Bhasin (IND), Rob Fowler (ES) & I.C.E. (ES) - April 2021



音樂: Every Little Step - Bobby Brown : (Album: Don't Be Cruel)

Intro: 40 counts (approx. 24 secs) Sequence: A-B-A-B-B-A-B-B-B

PART A : 48 counts

S1 R Lock Step, Mambo ½ L, Paddle ¼ L, R Vaudeville	
1&2	Step forward R, lock L behind R, step forward R
3&4	Rock forward L, recover on R, make ¹ / ₂ turn L stepping forward L 6:00
5	Keeping weight on L make 1/8 turn L and point R to R side
6	Keep weight on L and make another 1/8 turn L and point R to R side
7&8	Cross Rover Listen Lito Liside, touch R heel to R diagonal 3:00

7&8 Cross R over L, step L to L side, touch R heel to R diagonal 3:00

S2 Step R, Touch L, Step L, Touch R, Behind R, Side L, Cross Shuffle, Point L

- 1,2 Step R to R side and dip down, touch L slightly to L diagonal and straighten up
- 3,4 Step L to L side and dip down, touch R slightly to R diagonal and straighten up
- 5& Step R behind L, step L to L side (&)
- 6&7,8 Cross R over L, step L to L side (&), cross R over L, point L to L side 3:00

S3 L Shuffle Back, R Shuffle Back, L Coaster, Heel Twists ½ Turn R, Touch R

- 1&2 Step back L, step R next to L (&), step back L
- 3&4 Step back R, step L next to R (&), step back R
- 5&6 Step back L, step R next to L (&), step forward L
- 7& Start to make ¹/₂ turn R twisting both heels L, R (&)
- 8 Finish the ¹/₂ turn R twisting both heels L transferring weight to L and touch R next to L 9:00

S4 R Kick Ball Cross, Toe Touches, R Behind Side Cross, Side L, Touch R

- 1&2 Kick R forward, step ball of R next to L (&), cross L over R
- 3&4 Touch R to R side, touch R next to L (&), touch R to R side
- 5&6 Step R behind L, step L to L side (&), cross R over L
- 7,8 Step L to L side, touch R toes behind L

(styling option for count 8: swing both arms L and look to L) 9:00

- 1,2& Step R to R side, rock back L, recover on R (&)
- 3,4& Step L to L side, rock back R, recover on L (&)
- 5,6 Starting a full turn right make ¹/₄ turn R stepping forward R, make ¹/₄ turn R stepping forward L 7&8 Make ¹/₄ turn R stepping forward R, step L next to R (&), make ¹/₄ turn R stepping forward R to
- complete the full turn 9:00

S6 Diagonal Cross Rock L, Recover, & Diagonal Cross Rock R, Recover, ¼ R, Step L, Pivot ½ R, L Mambo Pop

- 1,2& Make 1/8 turn R (towards 10:30) and cross rock L over R, make 1/8 turn L recovering on R (back towards 9:00), step L to L side (&)
- 3,4& Make 1/8 turn L (towards 7:30) and cross rock R over L, make 1/8 turn R recovering on L (back towards 9:00), make ¼ turn R stepping forward R (&) 12:00
- 5,6 Step forward L, make ¹/₂ turn R (weight forward on R)
- 7&8 Rock forward L, recover on R (&), step L next to R and pop R knee 6:00

PART B: 32 counts

S1 R Lock Step, Rock, Recover, Full Turn L, L Sailor

- 1&2 Step forward R, lock L behind R (&), step forward R
- 3,4 Rock forward L, recover on R
- 5,6 Make 1/2 turn L stepping forward L, make 1/2 turn L stepping back R
- 7&8 Step L behind R, step R to R side (&), step L to L side 6:00

S2 R Mambo ¼ R, Touch Across, Touch Side, L Sailor, Rock Back, Recover

- 1&2 Cross rock R over L, recover on L (&), make 1/4 turn R stepping R to R side 9:00
- 3,4 Touch L across R, touch L to L side
- 5&6 Step L behind R, step R to R side (&), step L to L side
- 7,8 Rock back R, recover on L

S3 Boogie Walks RLR, Rock, Recover, Full Turn L, L Sailor

- 1&2 Run forward R, run forward L (&), run forward R
- 3,4 Rock forward L, recover on R
- 5,6 Make ½ turn L stepping forward L, make ½ turn L stepping back R
- 7&8 Step L behind R, step R to R side (&), step L to L side 9:00

S4 R Mambo 1/4 R, Touch Across, Touch Side, L Sailor, Rock Back, Recover

- 1&2 Cross rock R over L, recover on L (&), make 1/4 turn R stepping forward R 12:00
- 3,4 Touch L across R, touch L to L side
- 5&6 Step L behind R, step R to R side (&), step L to L side
- 7,8 Rock back R, recover on L

Start Over