

Every Once Baby

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: OliSien (BEL) - April 2021
音樂: Baby, Every Once in a While - Ann Rabson



Dance info : start on "while" with RF - No tags, no restarts

S 1: Forward cross, touch side, cross, touch side, back cross, touch side, cross, touch side

1-2-3-4 Cross RF over LF, point LF to L side, cross LF over RF, point RF to R side
5-6-7-8 Cross RF behind LF, point LF to L side, cross LF behind RF, point RF to R side

S 2: Step back, hold, recover, hold, (with hips), body roll (12.00)

1-2-3-4 Step RF back, hold (R hip move), recover on LF, hold (L hip move)
5-6-7-8 Body roll around anticlockwise (weight on LF)

S 3: Jazz box with ¼ turn R, jazz box with ¼ turn R (6.00)

1-2-3-4 Cross RF over LF, step LF back making ¼ turn R, step RF to R, close LF to R
5-6-7-8 Cross RF over LF, step LF back making ¼ turn R, step RF to R, close LF to R

S 4: Monterey ¼ turn R, monterey ½ turn R (3.00)

1-2-3-4 Point RF to R, turn ¼ R stepping RF next to LF, point LF to L, step LF next to RF
5-6-7-8 Point RF to R, turn ½ R stepping RF next to LF, point LF to L, step LF next to RF

S 5: ¼ turn R press, hold, ½ turn L press, hold, step, lock, step, (diagonal) step side (12.00)

1-2-3-4 Turn ¼ R pressing RF on ball forward, hold, turn ½ L pressing LF on ball forward, hold
5-6-7-8 Step RF forward (diagonal), lock LF behind RF, step RF forward, step LF to L side

S 6: ¼ turn R press, hold, ½ turn L press, hold, step, lock, step, (diagonal) step side

1-2-3-4 Turn ¼ R pressing RF on ball forward, hold, turn ½ L pressing LF on ball forward, hold
5-6-7-8 Step RF forward (diagonal), lock LF behind RF, step RF forward, step LF to L side

S 7: Toe strut R side, toe strut L side, twist L R L R

1-2-3-4 Touch RF to R side, drop RF heel, touch LF to L side, drop LF heel
5-6-7-8 Twist L - R - L - R

S 8: Fwd rock, recover, ¼ turn L, step side, hold, ball & side, hold, ball & side, hold (6.00)

1-2-3-4 Step LF forward, recover on RF, ¼ turn L step LF to side, hold
&5-6 Close RF to LF(&), step LF to L side(5), hold(6)
&7-8 Close RF to LF(&), step LF to L side(7), hold(8)

Enjoy the dance !

Submitted by - Rosine De Lange: rosined@yahoo.com