

Singing In the Wind

拍數: 32 牆數: 2 級數: Improver
編舞者: Urban Danielsson (SWE) - April 2021
音樂: Vera - Anna Bergendahl : (Album: Vera - EP - iTunes)



#16 counts intro, no tags no restarts!

Section 1: Cross, side, behind-side-cross, rock-recover, sailor ½ turn

- 1 - 2 Step left foot across in front of right, step right foot to right side
3&4 Step left foot behind of right, step right foot to right side, step left foot across in front of right
5 - 6 Rock right foot to right side, recover weight onto left (prepare turning right)
7&8 Turn ½ turn right step right behind of left, step small step left with left foot, step small step to right with right foot (6:00)

Section 2: Walk, touch, shuffle back, touch back, unwind ½, pivot ½

- 9 - 10 Step left foot forward, touch right toe behind left when bending knees slightly
11&12 Step right foot back, step left next to right, step right foot back
13 - 14 Touch left toes back, unwind to the left ½ turn weight on left (12:00)
15 - 16 Step right foot forward, pivot ½ turn to left and step down on left foot forward (body turning onto left diagonal) (6:00)

Section 3: Cross samba x 2, heel grind ¼ turn, coaster step

- 17&18 Step right foot forward and slightly over left, rock left foot to left side, recover on right foot stepping right slightly forward
19&20 Step left foot forward and slightly over right, rock right foot to right side, recover on left foot stepping left slightly forward
22 - 23 Touch right heel across over left grinding right heel from left to right and make a ¼ right, step back on left foot (9:00)
23&24 Step right foot back, step left foot next to right, step right foot forward

Section 4: Rock-recover, triple ¾ turn, rock-recover, touch back, unwind ½ turn

- 25 - 26 Rock left foot forward, recover weight onto right foot
27&28 Left triple step making ¾ turn left stepping left, right, left (12:00)
29 - 30 Rock right foot forward, recover weight onto left foot
31 - 32 Touch right toes back, unwind ½ turn right weight onto right (body facing slightly diagonally right) (6:00)

Ending: On wall 9: do the 8 first count but replace 7&8 with no turning sailor step

RESTART and ENJOY!