

Let Me Reintroduce Myself

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Mona Akersveen Schützer (NOR) - April 2021
音樂: Let Me Reintroduce Myself - Gwen Stefani



Sec. 1: (1-8) Side together to R(X4), Side together to L(X4)

1&2&3&4& Step RF to R side, Step LF beside R, Step RF to R side, step LF beside R, Step RF to R side, Step LF beside R, Step RF to R side, Touch LF beside R
5&6&7&8& Step LF to L side, Step RF beside L, Step LF to L side, Step RF beside L, Step LF to L side, Step RF beside L, Step LF to L side, Touch RF beside L

Sec. 2: (9-16) BACK, TOUCH(x2), FORWARD, TOUCH(x2), WALK, WALK, ROCKING CHAIR

1&2& Step RF backward R diagonal, Touch LF beside RF, Step LF backward L diagonal, Touch RF beside LF
3&4& Step RF forward R diagonal, Touch LF beside RF, Step LF forward L diagonal, Touch RF beside LF
5-6 Walk fwd R and L
7&8& Rock fwd on RF, recover on LF, Rock back on RF, recover on LF
(Restart after 16 counts on wall 2 and 4)

Sec. 3: (17-24) PRESS RF TO R, BEHIND SIDE CROSS, PRESS LF TO L, SAILER ¼-TURN L (9 o'clock)

1-2 Press RF to R side, Recover on L
3&4 step R behind L, step LF to L, cross RF over L
5-6 Press LF to L side, Recover on R
7&8 (¼-turn L) Step LF bwd, step RF beside L, Step LF fwd

Sec. 4: (25-32) TOE POINT, TOE SWITCHES, HEEL TWIST R&L

1-2 Point RF to R, Touch RF beside L,
3&4& Point RF to R, Step RF beside L, point LF to L, step LF beside R

(Restart in wall 7)

5&6& Twist R heel to R, twist back to center, Twist L heel to L, twist back to center,
7&8& Twist R heel to R, twist back to center, Twist L heel to L, twist back to center,

RESTART: after 16 counts in wall 2 and 4, and after 28 counts in wall 7

TAG: Repeat the last 8 counts of the dance after wall 5

Optional on counts 25-28:

Point RF to R(25), Step RF beside L(&), point LF to L(26), step LF beside R(&), Point RF to R(27), Step RF beside L(&), point LF to L(28), step LF beside R(&)