

Adiós

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Hiroko Carlsson (AUS) - April 2021
音樂: Adiós - Selena Gomez : (YouTube Music / Spotify)



(Intro: 16 counts from beginning of the track)

[S1] 2x Side Mambo, Step-Pivot 1/2L, Step-Lock-Step

1&2 Rock R to the side, Recover weight on L, Step R together
3&4 Rock L to the side, Recover weight on R, Step L together
5 6 Step forward on R, Make a ½ turn left recover weight on L (6:00)
7&8 Step forward on R, Lock L behind R, Step forward on R

[S2] 2x Side Mambo, Fwd Rock, Hip-Hip-Hip

1&2 Rock L to the side, Recover weight on R, Step L together
3&4 Rock R to the side, Recover weight on L, Step R together
5 6 Rock forward on L, Recover weight on R
7 8 Stepping back on L and push hips back, Push hips forward, Push hips back**

[S3] Side, Behind, 1/4R Samba, Step-Pivot 1/2R, Cross Samba

1 2 Step R to the side, Step L behind R
3&4 Make a ¼ turn right stepping forward on R, Rock L to the side, Recover weight on R (9:00)
5 6 Step forward on L, Make a ½ turn right recover weight on R (3:00)
7&8 Cross L over R, Rock R to the side, Recover weight on L

[S4] Fwd Rock, 2x Back-Lock-Back, Back Touch-Touch Together

1 2 Rock forward on R, Recover weight on L
3&4 Step back on R, Lock L across R, Step back on R
5&6 Step back on L, Lock R across L, Step back on L
7 8 Touch back on R, Dragging L close to R and touch L together

Repeat

Restart on Wall 4 count ** (3:00)

Ending suggestion: The last wall finishes at 9:00, then
Step forward on R, Make a ¼ turn right point L to the side (12:00).

Please feel free to contact me if you need any further information.(hirokoclinedancing@gmail.com)
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