

Rotate

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Jaszmine Tan (MY) & Jennifer Choo Sue Chin (MY) - April 2021
音樂: Rotate - Becky G. & Burna Boy



Phrasing: ABB ABB ABB A-BB A-

Intro: 2x8

Part A (48 counts) - 1 wall - Always danced from 12:00

Set A1: POINT R, POINT L, POINT R, CHEST PUMP, R & L BOTAFOGO

1&2&3 Point RF to R, Close RF next to LF, Point LF to L, Close LF next to RF, Point RF to R 12:00
&4 Push chest out (pull shoulders backwards), Pull chest in (push shoulders fwd) - facing diag L 12:00
5&6 Cross RF over LF, Step LF slightly to L Side, Step RF in place 12:00
7&8 Cross LF over RF, Step Rf slightly to R Side, Step LF in place 12:00

Set A2: R MAMBO ½R TURN, BOOGIE WALKS, R FWD MAMBO, L COASTER

1&2 Rock RF fwd, Recover on LF, ½R stepping RF fwd 6:00
3&4 Boogie walks fwd LF, RF, LF 6:00
5&6 Rock RF fwd, Recover on LF, Step RF back 6:00
7&8 Step LF back, Close RF next to LF, Step LF fwd 6:00

Set A3: ¼L CHUGS (3X), HITCH CROSS, BACK SIDE CROSS, BACK LOCK STEPS

1-3 ¼L stomp RF to R, ¼L stomp RF to R, ¼L stomp RF to R 9:00
&4 Hitch R knee fwd, Cross RF over LF 9:00
5&6 Step back on LF, Step RF to R, Cross LF over RF 9:00
7&8 Step back on RF, Cross ball of LF in front of RF, Step RF back (open body to R for 7&8) 9:00

Set A4: WALK BACK WITH HIPS (BACK) BACK MAMBO, WALK, WALK

1-2 ¼R step back on LF (push left hip backward), step back on RF (push R hip backward) 12:00
3-4 Step back on LF (Push left hip backward), step back on RF (push R hip backward) 12:00
5&6 Rock LF back, Recover on RF, Step LF fwd 12:00
7-8 Step RF fwd, Step LF fwd (On 4th A, dance until here and start B) 12:00

Set A5: HITCH, R CROSS SHUFFLE, HITCH, L CROSS SHUFFLE, R & L SAMBA WHISKS

&1&2 Hitch R knee, Cross RF over LF, Step ball of LF to L, Cross RF over LF 12:00
&3&4 Hitch L Knee, Cross LF over RF, Step ball of RF to R, Cross LF over RF 12:00
5&6 Step RF to R, Step Ball of LF Behind RF, Step RF in place 12:00
7&8 Step LF to L, Step Ball of RF Behind LF, Step LF in place 12:00

Set A6: STEP 1/2L PIVOT, FLICK, ROCKING CHAIR, HIP ROLLS

1-2 Step RF fwd, ½L shifting weight on LF and flick RF back 6:00
3&4& Rock RF fwd, Recover on LF, Rock RF back, Recover on LF 6:00
5-6 Step RF fwd, ¼L shifting weight on LF and rotate hips CCW 3:00
7-8 Step RF fwd, ¼L shifting weight on LF and rotate hips CCW 12:00

Part B (16 counts) - 2 walls - Always danced twice, once from 12:00 and subsequently from 6:00

Set B1: SQUARE BOX, PRESS RECOVER CLOSE (2X)

1-2 ¼L Step RF to R and drag LF towards RF, ¼L Step LF to LF and drag RF towards LF 6:00
3-4 ¼L Step RF to R and drag LF towards RF, ¼L Step LF to LF and drag RF towards LF 12:00
5&6 Press ball of RF fwd (open body to L), Recover on LF, Close RF next to LF 12:00
7&8 Press ball of LF fwd (open body to R), Recover on RF, Close LF next to RF 12:00

Set B2: FIGURE 8 HIP MOTION, ½L PIVOT

- 1-2 Step RF to R and rotate sexy hips CW (front right back) over 2 counts 12:00
- 3-4 Shift weight to LF and rotate sexy hips CCW (front left back) over 2 counts 12:00
- 5-6 Step RF to R and rotate hips CW (front-right-back), Shift weight to LF and rotate hips CCW
12:00
- 7-8 Step RF fwd, ½L shifting weight on LF 6:00

Start Again & Enjoy!!

A- :Dance A up to 32 counts

Last Update - 28 April 2021
