

Days Of Gold

拍數: 32 牆數: 4 級數: Intermediate
編舞者: NadGab (FR), Rob Fowler (ES) & I.C.E. (ES) - April 2021
音樂: Days of Gold - Jake Owen



Intro: 24 counts from the main beat - Start on vocals(approx.22 secs)

S1: Side, Hold, Sailor Heel, & Vaudeville With ¼ Turn, Cross Shuffle

1-2 Large step R to R side, Hold (Drag L towards R)
3&4& Step L behind R, Step R to R, Touch L heel to L diagonal, Step in place on L ball
5&6& Cross R over L, Make a ¼ turn R stepping L back, Touch R heel to R diagonal , Step in place on R ball 3:00
7&8 Cross L over R, Step R to R side, Cross L over R

S2: Scissor Step, Syncopated Weave, Applejacks (L,R,L,L)

&1-2 Step R to R side, Close L beside R, Cross R over L
&3&4& Step L to L side, Cross R behind L, Step L to L side, Cross R over L, Step L to L side
5&6& Twist R heel and L toe to left, Twist R heel and L toe back to centre, Twist L heel and R toe to right, Twist L heel and R toe back to centre
7&8& Twist R heel and L toe to left, Twist R heel and L toe back to centre, Twist R heel and L toe to left, Twist R heel and L toe back to centre (Weight ends on L)

RESTART: During Wall 3 (Starts 9:00), dance up to and including counts 16& then RESTART facing 12:00

S3: Heel Grind ¼ Turn, Heel Jack, Fwd Shuffle, ½ Turn L, ¼ Side Rock, Recover

1-2 Rock R heel forward twisting R toes from L to R, Recover back on L making a ¼ turn R 6:00
&3&4& Step R back, Touch L heel forward, Step L beside R, Touch R beside L, Step down onto R
5&6 Step L forward, Step R beside L, Step L forward
7 Make a ½ turn L stepping R back 12:00
8& Make a ¼ turn L rocking L to left side, Recover on R 9:00

S4: L Vaudeville, R Vaudeville, Paddle Full Turn

1&2& Cross L over R, Step R to R side, Touch L heel to L diagonal, Step in place on L ball
3&4& Cross R over L, Step L to L side, Touch R heel to R diagonal, Step in place on R ball
5& Make a 1/4 turn L stepping L forward, Step ball R to R side 6:00
6& Make a 1/4 turn L stepping L forward, Step ball R to R side 3:00
7& Make a 1/4 turn L stepping L forward, Step ball R to R side 12:00
8 Make a 1/4 turn L stepping L forward 9:00

Start Over

TAG 1: At the end of Wall 1 and Wall 4 (both start facing 12:00, tag facing 9:00), add the following 8 counts and start the dance again facing 12:00.

(The tag coincides with the lyrics "Yeah these are the days of gold")

Jazzbox ¼ Turn, Stomp-Flick, Stomp-Hook, Stomp-Twist-Twist

1-4 Cross R over L, Step back on L making a ¼ turn R, Step R to R side, Step L forward 12:00
5& Stomp R forward, Flick L behind R (& slap R hand on L heel)
6& Stomp L back, Hook R over L (& slap L hand on R heel)
7&8 Stomp R forward, Twist both heels R, Twist both heels back to centre (Weight ends on L)

TAG 2: At the end of Wall 7 (starts 3:00), there's a break in the music. Make a slow R Jazzbox with a ¼ turn R, Hold, and start the dance again on the word "Southern" (Yeah it's a "Southern" Summer), facing 6:00

1-4 Cross R over L, Step back on L making a ¼ turn R, Step R to R side, Step L beside R Hold (and listen for "Southern")

NOTE: Watching the I.C.E. Team work so hard on creating brilliant choreos is uplifting and challenging ! And the knowledge and the experience Rob's been sharing for almost a year, influenced every stage of the writing of this dance! Thank you MASTER Rob ! Want to be part of I.C.E. ? Go to <https://www.vtv.dance> and enjoy the journey !
