

# My Heart Stops Beating

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Robert Lindsay (UK) - April 2021  
音樂: Heartbreak in This City (Single Mix) - Steps & Michelle Visage



Intro 36 seconds

**[1-8] Out (r), Out (l), Back, Back, Step Right, Hold, Step Right Beside Left, Step Left to Left, Brush Right**

- 1-2      Step right out to right side. Step left out to left side. (12)
- 3-4      Step right back and in slightly. Step left back and in slightly.
- 5-6      Step right out to right. Hold.
- &7-8      Step right beside left. Step left to left. Brush right across in front of left. (12)

**[9-16] Step Right Over, Step Back & ¼ Turn, Right Coaster Step, Step, Step ½ Turn, ½ Turn Shuffle ((L,R,L))**

- 1-2      Step right over left. Stepping ¼ turn right, step back on left. (3)
- 3&4      Step back on right. Step left beside right. Step forward on right.
- 5-6      Step forward onto left. Turning ½ turn left, Step back onto right. (9)
- 7&8      Turning ½ turn left, shuffle forward left, right, left. (3)

**Restart here on wall 5 (3)**

**[17-24] Step Out, Out, Dip, ¼ Turn Left, Kick Ball Change, Step Forward, Touch**

- 1-2      Step right out to right side. Step left out to left side.
- 3-4      Bend both knees and dip down. Turn ¼ turn left, taking weight onto right foot. (12)
- 5&6      Kick left foot forward. Step down onto left foot. Step right foot slightly forward taking the weight.
- 7-8      Step forward on left. Touch right to left, keeping weight on left foot.

**[25-32] Rock Right, Recover, Right Cross Shuffle, Rock Left, Recover, turning ¼ Turn Right, Left Shuffle Forward**

- 1-2      Rock right to right side. Rock back onto left.
- 3&4      Cross step right over left. Step left beside right. Cross step right over left.
- 5-6      Rock left to left side. Turning ¼ turn right, recover weight onto right. (3)
- 7&8      Step forward left. Step right beside left. Step forward left.

**Tag (8) and Tag Plus (12)**

**At the end of walls 2 (6) and 7 (9)**

**V- Step - 8 counts**

- 1-2      Step right out to right. Step left out to left.
- 3-4      Step right and then left in together.
- 5-8      Repeat Steps 1-4

**At the end of wall 8 (12)**

**Repeat steps 1-8 above and then add 4 hip bumps R, L, R, L (12)**

**Start Again**

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