

Strut Miss Lizzie

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 1 級數: Confident Beginner
編舞者: Kitty Russell (USA) - April 2021
音樂: Strut Miss Lizzie (feat. Vince Giordano & The Nighthawks) - David Johansen



(start after intro phrase, at vocals) right lead

RIGHT, LEFT, TRIPLE, LEFT, RIGHT, TRIPLE

1-2 Step R to right (1), step L to left (2)
3&4 Triple R (3), L (&), R (4) in place
5-6 Step L to left (5), step R to right (6)
7&8 Triple L (7), R (&), L (8) in place

ROCKING CHAIR

1-4 Rock R forward (1), step L in place (2), rock R back (3), step L in place (4)

PIVOT 1/8 LEFT X 4 (with elbows at sides and hands in the air)

5& Step R forward (5), pivot 1/8 L (&)
6& Step R forward (6), pivot 1/8 L (&)
7& Step R forward (7), pivot 1/8 L (&)
8& Step R forward (8), pivot 1/8 L (6:00) (&)

ROCKING CHAIR

1-4 Rock R forward (1), step L in place (2), rock R back (3), step L in place (4)

PIVOT 1/8 LEFT X 4 (with elbows at sides and hands in the air)

5& Step R forward (5), pivot 1/8 L (&)
6& Step R forward (6), pivot 1/8 L (&)
7& Step R forward (7), pivot 1/8 L (&)
8& Step R forward (8), pivot 1/8 L (12:00) (&)

HEEL, HEEL, COASTER X 4

1-2 Touch R heel to right (1), touch R heel to right (2)
3&4 Step R back (3), step L next to R (&), step R forward (4)
5-6 Touch L heel to left (5), touch L heel to left (6)
7&8 Step L back (7), step R next to L (&), step L forward (8)

1-2 Touch R heel to right (1), touch R heel to right (2)
3&4 Step R back (3), step L next to R (&), step R forward (4)
5-6 Touch L heel to left (5), touch L heel to left (6)
7&8 Step L back (7), step R next to L (&), step L forward (8)

Restart

Wall 2: Restart after 32 beats.