

Hand In Mine

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kusnadi Noviar (INA) - April 2021
音樂: Hand In Mine - Linda Pagnini



Start on music - NO TAG NO RESTART

S1: BACK TURN ½ L WITH SWEEP, BEHIND-SIDE-CROSS, SIDE-FWD. PIVOT ½ R

1-2a Turn ½ L step RF back while LF sweep - Cross LF behind RF - Step RF to R side
3-4a Cross LF over RF (7.30) - RF recover - LF to L side
5-6a Cross RF over LF (4.30) - LF recover - RF to R side
7-8a LF step fwd (6.00) - Pivot ½ R - LF step side

S2: BACK ROCK RF, TRI STEP TURN ½ L, BACK ROCK RF, DOUBLE TRI STEP TURN ½ L,

1-2 RF cross behind LF (1.30) - LF recover
3a4 RF step fwd (12.00) - LF cross over RF (10.30) - RF turn L back (7.30)
5-6a LF recover - Step RF fwd (6.00) - step LF cross RF (4.30)
7-8a step RF cross over LF(1.30) - Step LF to L side (10.30) - step RF close to LF (9.00)

S3: SWAY R-L, CROSS, BACK ROCK RECOVER R-L, FWD TOGETHER

1-2-3 step LF fwd (7.30) - sway to R squaring (6.00) - sway to L
4a5 RF cross over LF - LF step side - RF step back LF (7.30)
6a7 LF recover - RF step side - LF step back RF (4.30)
8a RF fwd (3.00) - LF together

S4: PRISSY WALK FWD RLR, PIVOT ½ R, PRISSY WALK FWD LRL, SIDE TOGETHER

1-2-3 Step RF fwd while sweeping L toe fwd - step LF fwd while sweeping R toe fwd - step RF fwd while sweeping L toe fwd
4a Step LF fwd - lock RF behind LF - LF Turn ½ R
5-6-7 Step LF fwd while sweeping R toe fwd - step RF fwd while sweeping L toe fwd - step LF fwd while sweeping R toe fwd
8a RF step to R side - LF step together

Last Update - 15 April 2021
