

High Horse

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jérôme Ciurana (FR) - April 2021
音樂: High Horse - Kacey Musgraves



Déscriptif : on the lyric or 8 s do 4 wall complete and the 16 first step with change 1 [5WF6H] do the 32 first step with change 2 [6WF12H] do 1 wall complete with the change 3 [7WF9H] do count [33 à 64]

[1-8] CHASSE RIGHT, ROCK BACK, STEP 1/2 TURN, 1/2 TURN, 1/2 TURN

1&2 Step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side {chasse}
3-4 Step LEFT back, Recover weight on RIGHT {rock step}
5-6 Step LEFT forward, Pivot 1/2 turn right [6H]
7-8 1/2 turn right and step LEFT back [12H], 1/2 turn right and step RIGHT forward [6H]

[19-16] ROCK STEP, SHUFFLE BACK, ROCK BACK KICK BALL POINT

1-2 Step LEFT forward, Recover weight on RIGHT {rock step }
3&4 Step LEFT back, Step RIGHT next to left, Step LEFT back {shuffle}
5-6 Step RIGHT back, Recover weight on LEFT {rock step}
7&8 Kick RIGHT, Ball RIGHT beside left, Point LEFT to left side {kick ball point}

Change 1: change count 7&8 by Step RIGHT forward, Step LEFT forward

[17-24] SHUFFLE FORWARD, STEP 3/4 TURN, CHASSE RIGHT, SAILOR STEP LEFT

1&2 Step LEFT forward, Step RIGHT next to left, Step LEFT forward {shuffle}
3-4 Step RIGHT forward , Pivot 3/4 turn left (finish weight on LEFT) [9H]
5&6 Step RIGHT to right side, Step LEFT beside right, Step RIGHT to right side {chasse}
7&8 Cross LEFT behind right, Step RIGHT to right side (slightly), Step LEFT to left side (slightly) {sailor step}

[25-32] CROSS RIGHT BEHIND, UNWIND 3/4 TURN RIGHT, LEFT ROCK STEP, SHUFFLE BACK, COASTER STEP RIGHT

1-2 Cross RIGHT behind left, Pivot 3/4 turn right (finish weight on RIGHT) [6H]
3-4 Step LEFT forward, Recover weight on RIGHT {rock step}
5&6 Step LEFT back, Step RIGHT next to left, Step LEFT back {shuffle}
7&8 Step RIGHT back, Step LEFT beside right, Step RIGHT forward {coaster step}

Change 2 : change count 7&8 by Step RIGHT back, Step LEFT back

[33-40] CROSS, POINT, CROSS, POINT, SHUFFLE LEFT FORWARD, STEP TURN 1/2

1-2 Cross LEFT over right, Point RIGHT to right side
3-4 Cross RIGHT over left, Point LEFT to left side
5&6 Step LEFT forward, Step RIGHT next to left, Step LEFT forward {shuffle}
7-8 Step RIGHT forward, Pivot 1/2 turn left [12H]

[41-48] ROCKING CHAIR RIGHT, SHUFFLE FORWARD, 1/4 TURN, 1/2 TURN

1-2 Step RIGHT forward, Recover weight on LEFT {rock step}
3-4 Step RIGHT back, Recover weight on LEFT {rock step}
5&6 Step RIGHT forward, Step LEFT next to right, Step RIGHT forward {shuffle}
7-8 1/4 turn right and step LEFT to left side [3H], 1/2 turn right and step RIGHT to right side [9H]

[49-56] CROSS ROCK, SAILOR STEP LEFT, POINT BACK RIGHT, UNWIND 1/2 , ROCK STEP LEFT

1-2 Cross LEFT over right, Recover weight on RIGHT {rock step}
3-4 Cross LEFT behind right, Step RIGHT to right side (slightly), Step LEFT to left side (slightly) {sailor step}
5-6 Point RIGHT back (slightly) Pivot 1/2 turn right (finish weight on RIGHT) [3H]

7-8 Step LEFT forward, Recover weight on RIGHT {rock step}

[57-64] COASTER STEP LEFT, STEP TRUN 1/2, ROCKING CHAIR

1&2 Step LEFT back, Step RIGHT beside left, Step LEFT forward {coaster step}

3-4 Step RIGHT forward, Pivot 1/2 turn left [9H]

5-6 Step RIGHT forward, Recover weight on LEFT {rock step}

7-8 Step RIGHT back, Recover weight on LEFT {rock step}

Change 3 : Change count 7-8 by Step RIGHT back, Touch LEFT beside RIGHT

HIGH HORSE, LIKE SPIRIT OF COUNTRY !!!!!!!

Les références des heures ne valent que sur le premier mur

Association spirit of country :

spiritofcountry@hotmail.fr

<http://club.quomodo.com/spiritofcountry/bienvenue.html>
