The Wellerman's Shanty

級數: Beginner

編舞者: Beatriz Gonzalez Paradell (UK) - April 2021

牆數: 4

音樂: Wellerman (Sea Shanty) - Nathan Evans



Intro: 4 count intro

拍數: 32

[1-8] WALK x 2, STEP LOCK STEP, ROCK, SAILOR STEP

- Step RF forward, Step LF forward 1 - 2
- 3&4 RF step forward, LF step behind RF, RF step forward
- 5 6 LF rock forward, recover weight on RF
- 7&8 LF cross over RF, RF step to right, LF step to left (slightly travelling backwards)

[9-16] SAILOR STEP, ROCK, ¼ HEEL&TAP&HEEL&TOUCH

- RF cross behind LF, LF step to left, RF step to right (slightly travelling backwards) 1&2
- 3 4 LF rock backward, recover weight on RF
- 5&6& Left Heel touch forward, LF next RF, Right toes tap backwards, RF next LF
- Left Heel touch left with ¼ turn, LF next RF, RF touch next LF 7&8

[17-24] CHASSE, ROCK, CHASSE, ROCK

- 1&2 RF to R side, LF next to RF, RF to R side
- 3 4 Rock LF cross over RF, Recover RF
- 5&6 LF to L side, RF next to LF, LF to L side
- 7 8 Rock RF cross over LF, Recover LF

[25-32] SHUFFLE ½, SHUFFLE ½, ROCK, KICK BALL CHANGE

- 1&2 RF stepping 1/4 to right, step LF next to RF, RF 1/4 turn stepping forward
- 3&4 LF stepping ¼ to left, step RF next to LF, LF ¼ turn stepping backward
- 5-6 RF rock forward, recover weight on LF
- RF kick forward, step on ball of R, LF step in place 7&8

TAGS: At the end of wall 2 and wall 4, repeat last 16 counts (counts 17 - 32)

- ENDING: At the end of wall 6, repeat counts from 17 28, then step change:
- 5-6 RF touch behind LF, unwind/turn $\frac{1}{2}$ right (weight on right)
- 7-8 LF stomp next RF, RF stomp in place.