

La Bomba Berta

拍數: 64 牆數: 4
編舞者: Bertanyna (INA) - April 2021
音樂: La Bomba - Eddy Wata

級數: Phrased Improver



Intro : 32C

Tag : 4C after wall 4

Sequences : A A B B TAG(4C) A B A A B B A A B

_ Part A _

#Sesi 1 : GRAPEVINE - ROLLINGVINE

1-2 Step R to side, cross L behind R
3-4 step R to side, L touch beside R
5-6 1/4 turn to left step forward, 1/2 turn to left step R back
7-8 1/4 turn to left step L side, R touch beside L

#Sesi 2 : CROSS - TOUCH - CROSS - TOUCH - BACKWARD (R-L-R) - CLOSE

1-2 step R cross over L, L touch to side
3-4 step L cross over R, R touch to side
5-6 step R back, step L back
7-8 step R back, step L closed beside R

#Sesi 3 : FORWARD ROCK - 1/2 TURN SHUFFLE - FORWARD ROCK - 1/2 TURN SHUFFLE

1-2 step R forward, recover on L
3&4 1/2 turn right step R forward, step L beside R, step R forward
5-6 step L forward, recover on R
7&8 1/2 turn left step L forward, step R beside L, step L forward

#Sesi 4 : MONTEREY - JAZZBOX

1-2 R touch to side, 1/4 turn to right close R beside L
3-4 L touch to side, close L beside R
5-6 step R cross over L, step L back
7-8 step R to side, step L forward

_ Part B _

#Sesi 1 : FORWARD TOUCH - BACK - BACK TOUCH - FORWARD (2X)

1-2 R touch forward, step R back
3-4 L touch back, step L forward
5-6 R touch forward, step R back
7-8 L touch back, step L forward

#Sesi 2 :: SIDE ROCK - CROSS SHUFFLE- SIDE ROCK - CROSS SHUFFLE

1-2 step R to side, recover on L
3&4 step R cross over L, step L to side step R cross over L
5-6 step L to side, recover on R
7&8 step L cross over R, step R to side, step L cross over R

#Sesi 3 : SIDE - SIDE TOUCH (R-L-R-L) - CLOSE

1-2 step R to side, L touch in place
3-4 step L to side, R touch in place
5-6 step R to side, L touch in place
7-8 step L to side, R close beside L

#Sesi 4 : HIPS BUMP (R-L-R-L) - PIVOT 1/2 - PIVOT 1/4

1-2 hips R to right, hips L to left
3-4 hips R to right, hips L to left
5-6 step R forward, turn 1/2 to L
7-8 step R forward, turn 1/4 to L

#TAG : ROCKING CHAIR

1-2 step R forward, recover on L
3-4 step R backward, recover on L

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