

Start

拍數: 48
編舞者: Phin Sari (INA) - April 2021
音樂: Start Over - Gaho

牆數: 2

級數: Phrased Improver



Start on vocal

Sequence : AABB AABB AA TAG BB A

Part A

I. Rumba Box Cha Cha

1 - 2 Step R to R side (1), Close L beside R (2),
3 & 4 Step R fwd (3), Lock L behind R (&), Step R fwd (4)
5 - 6 Step L to L side (5), Close R beside L (6),
7 & 8 Step L back (7), Lock R over L (&), Step L back (8).

II. Touch, turn $\frac{1}{4}$ forward, turn $\frac{1}{2}$ to side

1 - 2 Step R to side (1), Step L behind R (2),
3 - 4 Step R to side (3), Touch L beside R (4),
5 - 6 Turn $\frac{1}{4}$ L step L fwd (5), Turn $\frac{1}{4}$ L step R to side (6),
7 - 8 Turn $\frac{1}{2}$ L step L to side (7), Touch R beside L (8).

III. Back Lock Shuffle , Coaster, Forward, Touch

1 & 2 Step R back (1), Lock L over R (&), Step R back (2),
3 & 4 Step L back (3), Lock R over L (&), Step L back (4),
5 & 6 Step R back (5), Close L beside R (&), Step R fwd (6),
7 - 8 Step L fwd (7), Touch R beside L (8).

IV. Point, Close, Point, $\frac{1}{4}$ Left Close (2x)

1 - 2 Point R out to R (1), Close R beside L (2),
3 - 4 Point L out to L (3), Turn $\frac{1}{4}$ L close L beside R (4),
5 - 6 Point R out to R (5), Close R beside L (6),
7 - 8 Point L out to L (7), Turn $\frac{1}{4}$ L close L beside R (8).

Part B

I. Forward, Kick, Back, Swivel

1 - 2 Step R fwd (1), Kick fwd on L (2),
3 - 4 Step L fwd (3), Kick fwd on R (4),
5 - 6 Step R back (5), Close L beside R (6),
7 - 8 Swivel to L (7), Swivel to R (8).

II. Touch heel, Touch toe, Side Chasse, Forward, Recover, $\frac{1}{2}$ Turn L locked Shuffle

1 - 2 Touch heel R out to R to side (1), Touch toe R beside L (2),
3 & 4 Step R to side (3), Close L beside R (&), Step R to side (4),
5 - 6 Step L fwd (5), Recover on R (6),
7 & 8 Turn $\frac{1}{2}$ L, Step L.fwd (7), Lock R behind L (&), Step L Fwd (8).

Tag : 2 counts

1 - 2 Sway R (1), Sway L (2).

Enjoy the dance.

Stay healthy & Happy dancing.
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Last Update - 29 April 2021
