

Move It Like

拍數: 32 牆數: 4 級數: Improver
編舞者: Heru Tian (INA) - April 2021
音樂: She Move It Like - Badshah



***Restart on wall 1 after 24&C & on wall 3 after 20C

****Tag 4C after wall 7

(01-08) SECTION 1: R SCUFF- R SIDE TOUCH- R HEEL OUT- IN- OUT- R CROSS SAMBA-L CROSS SAMBA

1-2 Scuff Rf (1), Touch Rf to Side (2)
3&4 Swivel Rf Heel Out (3), In (&), Out (4)
5&6 Cross Rf over Lf (5), Ball Lf to Side (&), Recover on Rf (6)
7&8 Cross Lf over Rf (7), Ball Rf to Side (&), Recover on Lf (8)

(09-16) SECTION 2 : R FLICK (HEEL SLAP) - R HITCH (HEEL SLAP)- R SIDE- HEELS SWIVEL R, L, R-L ROCK FWD (BODY ROLL) RECOVER- L, R, L WALK BACK

1&2 Flick Rf and Slap Heel with Right Hand (1), Hitch Rf fwd and Slap Heel with Left Hand (&), Step Rf to Side (2)
3&4 Swivels both Heels , Right (3), Left (&), Right (4)
5-6 Rock Lf fwd with body roll (5), Recover on Rf (6)
7&8 Walk Back Lf (7), Rf (&), Lf (8)

(17-24) SECTION 3: R SAMBA WHISK- L SAMBA WHISK- R 3/4 TURN R VOLTA

1a2 Step Rf to Side (1), Ball Lf behind Rf (a), Recover on Rf (2)
3a4 Step Lf to Side (3), Ball Rf behind Lf (a), Recover on Lf (4)

***Restart here on wall 3 after 20C facing 6.00

5&6&7&8 1/8 turn R Step Rf fwd (5) facing 1.30, Ball Lf together (&), ¼ turn R Step Rf fwd (6) facing 4.30, Ball Lf together (&), ¼ turn R Step Rf fwd (7) facing 7.30, Ball Lf together (&), 1/8 turn R Step Rf fwd facing 9.00 (8)

***Restart here on wall 1 after 24&C (Dance until 24C and Step Lf Together on count "&" to restart the dance facing 9.00

(25-32) SECTION 4:L PRESS FWD (HIP ROLL) - RECOVER- L COASTER STEP- R 1/4 TURN R FWD- L PIVOT 1/2 TURN R- L 1/4 TURN R SIDE- R TOUCH TOGETHER

1-2 Press Lf fwd with hip roll (1), Recover on Rf (2)
3&4 Step Lf Back (3), Step Rf together (&), Step Lf fwd (4)
5 Make a ¼ turn R Step Rf fwd (5)
6&7 Step Lf fwd (6), Pivot ½ Turn R weight on Rf (&), Make a ¼ turn R Step Lf to Side (7)
8 Touch Rf together with Lf (8)

TAG 4C ON WALL 7: R OUT-L OUT- CLOCKWISE HIP ROLL

1 Step Rf Out
2 Step Lf Out
3-4 Make a full clockwise hip roll, weight on Lf at the end