One Wednesday Morning (Un Bore Mercher)



編舞者: Sophie Stevens (UK) - April 2021

音樂: Love - Amy Wadge: (Album: Keeping Faith: Series 3)



Music available on iTunes, Spotify and Amazon.

(2x6) Count Intro (Waltz timing)

S1. R Forward Basic Step, L Back Basic Step

1-2-3	Step forward right, step left next to right, step right in place next to left
4-5-6	Step back left, step right next to left, step left in place next to right

S2. R 1/2 Basic Step, L Back Basic Step

1-2-3	Step forward right,	½ turn right stepping bad	ck on left, step right in	place next to left

4-5-6 Step back left, step right next to left, step left in place next to right

S3. R Twinkle, L Weave (cross, side, behind)

1-2-3	Cross right over left, step left to left side, step right to right side
4-5-6	Cross left over right, step right to right side, cross left behind right

S4. R Sway, L Sway (transfer weight from foot to foot)

1-2-3	Step right to right side, hold (count 2, 3
4-5-6	Step left to left side, hold (count 5, 6)

S5. R Cross, Side, Behind, R 1/4 L Behind, Side, Cross

1-2-3	Cross right over le	ft sten left to left side	cross right behind left
1-2-0	CIUSS HIGHL UVEL IE	it. Step leit to leit side.	GIOSS HIGHL DEHING IELL

4-5-6 1/4 Turn right crossing left behind right, step right to right side, cross left over right

S6. R Forward, L Kick, Hold, L Back, R Drag, Hook

1-2-3	Step right forward, kick left forward, he	hlo
1-2-0	SIED HUHLIOIWAIU. NICK IEH IOIWAIU. H	JIU

4-5-6 Step left back, drag right to meet left, hook right in front of left

No Tags, No Restarts

Ending: Step Forward Right, Step Forward Left, 1/4 Left Sweeping Right to Right Side to Finish.