

No Me Conoce

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Fayza Rachmadilla Syam (INA) - April 2021
音樂: No Me Conoce (Remix) - Jhay Cortez, J Balvin & Bad Bunny



Section 1 - Botafogo, volta 3/4 R

1&2 cross RF over LF, step ball LF to L, Recover on RF
3&4 cross LF over RF, step ball RF to R, recover on LF
5&6& turn 1/4 crossing Rf over Lf, step ball on Lf slightly behind R, turn 1/4 crossing Rf over Lf, step ball on Lf slightly behind R
7&8 turn 1/4 R crossing R over L - step ball on L slightly behind R, step RF forward

Section 2 - Mambo forward, Mambo backward, chasse L, Chasse R

1&2 Rock LF forward, recover on RF, step LF back
3&4 Rock RF backward, recover on LF, step RF forward
5&6 step LF to L, close RF next to LF, step LF to L
7&8 step RF to R, close LF next to RF, step RF to R

Section 3 - Anchor, shuffle forward

1&2 Cross Lf behind Rf, step Rf in place, cross Lf behind Rf
3&4 Cross RF behind LF, step LF in place, cross RF behind RF
5&6 make 1/2 turn L step Lf forward, step Lf beside Rf, step Lf forward
7&8 Rf forward, step Lf beside Rf, step Rf forward

Section 4 - FORWARD ROCK, COASTER STEP, PADDLE TURN

1,2 Rock Lf forward, recover on Rf
3&4 Step Lf back, close Rf next to Lf, step Lf forward
5&6& step ball RF forward, 1/8 turn L recover on LF, step ball RF forward, 1/8 turn L recover on LF
7&8& step ball RF forward, 1/8 turn L recover on LF, step ball RF forward, 1/8 turn L recover on LF

No tag no restart ^ - ^ Enjoy....

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