

Veté Y Aléjate De Mí

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Evada Rustina (INA) - April 2021
音樂: Vete y Aléjate de Mí - Antony Santos



Intro: 8 counts

Sequence Phrased: AA- BB-TAG- BB- TAG- BB - AA- BB-TAG- BB- TAG- CCC

SECTION A. 32 COUNTS.

S1. STEP R SIDE & RECOVER, CROSS RF, HOLD 2X, LF DOUBLE ROCKING CHAIR.

1&2, 3-4, Step R side & Recover, Cross RF over L, Hold, Hold.
5&6& Rock LF forward, Recover RF, Rock LF back, Recover RF.
7&8 Rock LF forward, Recover RF, Rock LF.

S2. STEP L SIDE & RECOVER, CROSS LF, HOLD 2X, RF DOUBLE ROCKING CHAIR.

1&2,3-4, Step L side & Recover L, Cross LF over R, Hold, Hold.
5&6& Rock RF forward, Recover L, Rock RF back, Recover L.
7&8 Rock RF forward, Recover L, Rock RF back.

S3. STEP R SIDE & RECOVER, CROSS RF, HOLD 2X, LF DOUBLE ROCKING CHAIR.

1&2, 3-4, Step R side & Recover, cross RF over L, Hold, Hold.
5&6& Rock LF forward, Recover R, Rock LF back, Recover R.
7&8 Rock LF forward, Recover RF, Rock LF.

S4. STEP L SIDE & RECOVER, CROSS LF, HOLD 2X, STEP RF FWD, RECOVER L TURN ½ R STEP RF FWD, SWEEP LF TO L STEP IN FRONT OF RF.

1&2,3-4, Step L Side & Recover, Cross LF over R, Hold, Hold.
5-6,7-8 Step RF Fwd, Recover L, Turn ½ R Step RF Fwd, Sweep LF to side step in front of RF.

Repeat.

SECTION B. 32 COUNTS.

S1. RUMBA BOX.

1-2-3-4, Step RF to R, step LF next to RF, Step RF fwd, Touch LF next to RF.
5-6-7-8 Step LF to L, Step RF next to L, Step RF back, Touch RF next to L.

S2. STEP IN PLACE RLRL, STEP ¾ RF TO L, TOUCH RIGHT FOOT NEXT TO L.

1-2-3-4 Step RLRL in place.
5-6-7-8 Step RF turn ¾ to L 3x, Touch RF next to L.

S3. R BASIC BACHATA STEPS, ¼ TURN L, ¼ TURN L, ½ TURN L, TOUCH RF NEXT TO L.

1-2-3-4, Step RF to R, together, step RF to R, Touch LF next to R.
5-6-7-8 ¼ Turn L, ¼ Turn L, ½ Turn L, Touch RF Next To L.

S4. STEP RF TO R SIDE, HOLD, SWAY R, STEP LF NEXT TO R, STEP RF TO R SIDE, STEP RLR IN PLACE, STEP LF NEXT TO L, TOUCH RF NEXT TO L.

1-2 Step RF to R side weight on L, Hold.
3&4 Sway to R & STEP LF next to R, Step RF to R side.
5&6 Step RLR in place.
7-8 Step LF next to L side, Touch RF next to L.

SECTION C. 32 COUNTS.

S1. CROSS RF, STEP LF NEXT TO RF, STEP RF BEHIND, STEP LF NEXT TO RF, CROSS RF, STEP LF NEXT TO RF, STEP RF BEHIND, POINT LF TO L, POINT LF NEXT TO RF, STEP LF TO L, STEP RF NEXT TO L.

1&2&3&4, Cross RF, Step LF next to RF, Step RF behind, Step LF next to RF, Cross RF, Step LF next to RF, Step RF behind.

5-6-7-8, Point LF to L side, Point LF next to RF, Step LF to L, Step RF next to L.

S2. CROSS LF, STEP RF NEXT TO LF, STEP LF BEHIND, STEP RF NEXT TO LF, CROSS LF, STEP RF NEXT TO LF, STEP LF BEHIND, POINT RF TO R, POINT RF NEXT TO LF, STEP RF TO R, STEP LF NEXT TO R.

1&2&3&4, Cross LF, Step RF next to LF, Step LF behind, Step RF next to LF, Cross LF, Step RF next to LF, Step LF behind.

5-6-7-8, Point RF to R side, Point RF next to LF, Step RF to R, Step LF next to R.

S3. STEP RF FWD , LOCK STEP, STEP RF FWD, STEP LF FWD, RECOVER, STEP LF BACK, LOCK STEP, STEP LF BACK, STEP RF BACK, RECOVER.

1&2 RF step forward, LF lock behind RF &, RF step forward

3-4, Step LF Fwd, Recover.

5&6, 7-8 Step LF Back, RF Lock in front of LF &, Step LF back.

7-8 Step RF back, Recover.

S4. JAZZ BOX 1/4 R, FWD TOES STRUTS HIP RL.

1-2, 3-4 Step RF over L, Step LF back 1/4 R, Step RF to R, Step LF fwd.

5-6 Touch RF toe forward hip R, Drop heel.

7-8 Touch LF toe forward hip L, Drop heel.

NOTE: Tag: 4 (4 counts) : Step RF to R sway RLRL.

Thank you.

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