

Double Ding Dong

拍數: 32 牆數: 4 級數: Beginner
編舞者: Michael Lynn (UK) - March 2021
音樂: Rena rama ding dong - Eva Rydberg & Ewa Roos
或: UK Hun? (United Kingdolls Version) - The Cast of RuPaul's Drag Race UK,
Season 2



(16 count intro, 150 bpm)

Music 2: "UK Hun?" by United Kingdolls (16 count intro, 120 bpm)
Available on iTunes, Amazon Music, 7Digital, Spotify, etc

CROSS POINT, CROSS POINT, JAZZ BOX 1/4 TURN

1-2 Cross right over left, touch left to left side
3-4 Cross left over right, touch right to right side
5-6 Cross right over left, 1/4 turn right as you step back left (03:00)
7-8 Step right to right side, cross left over right

SIDE TOGETHER, HEEL TWISTS, GRAPEVINE*

1-2 Step right to right side, close left beside right
3-4 Twist both heels to the right, return both heels to the center (keeping weight on right)
5-6 Step left to left side, step right behind left
7-8 Step left to left side, touch right beside left

(Restart: Only if using the UK Hun track, on wall 8 facing 12 o'clock, dance upto here and restart facing 3 o'clock)

*You may change this to a rolling grapevine if you wish.

ROCKING CHAIR, 1/4 PIVOT, 1/4 PIVOT

1-2 Rock forward right, recover left
3-4 Rock backward right, recover left
5-6 Step forward right, pivot 1/4 turn left stepping onto left (12:00)
7-8 Step forward right, pivot 1/4 turn left stepping onto left (09:00)

ROCKING CHAIR, STEP OUT-OUT, HIP BUMPS

1-2 Rock forward right, recover left
3-4 Rock backward right, recover left
5-6 Step right out, step left out
7-8 Bump hips right, left

RESTARTS: Only if using the UK Hun on wall 8 you'll start facing 12 o'clock, dance 16 counts and restart facing 3 o'clock.