

How We Loved

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andrea Smith (UK) - February 2021
音樂: How We Love - Beth Nielsen Chapman



Intro: 16 Counts

S1: FWD ROCK, TRIPLE FULL TURN R, SWEEP, WEAWE, 2 SWAYS, L SAILOR TO DIAGONAL

- 1 2&3 Rock forward onto right foot, recover onto left starting to turn right, complete a full triple turn stepping R L returning to 12.00 wall
- 4&5 Weave - R behind L, L to side, cross R over left
- 6 7 Step L to L side swaying hips to L and then R.
- 8&1 Step L behind R, R to side, L foot diagonally forwards towards - 10.30

S2: TWO WALKS , PRESS FWD, BACK LOCK BACK, BACK HOOK L, SIDE ROCK CROSS,

- 2 3 4 Walk R, L, Press Fwd on R
- 5 & 6 Step Back on L , Lock R in front of L, Step Back on L.
- 7 Step Back on R hooking L over right
- 8 & 1 Rock to side on L, recover onto R, Step L over Right towards diagonal - 1:30

S3: STEP ½ PIVOT, TRIPLE FULL TURN, SIDE ROCK CROSS, STEP TO SIDE

- 2 - 3 Step fwd R, ½ Pivot L onto L (7:30)
- 4&5 Full Triple Turn L (R L R) (7:30) (Alternative: R Coaster step)
- 6&7 L Side rock, recover on R , Step L over R,
- 8 Straighten up to 9:00 stepping R to R side (9 O'CLOCK)

S4: 2X STEPSWEEPS, L COASTER, STEP ½ PIVOT L, FULL TRIPLE TURN L, STEP FWD L

- 1 - 2 Step Back L sweeping R front to Back, Step Back R sweeping L Front to Back
- 3 & 4 Step Back L, Back R (together) Step Fwd L.
- 5 - 6 Step Fwd R, ½ Pivot Turn L onto L (3:00) ***
- 7 & 8 Full Triple Turn R L R (or coaster)
- &. Step Fwd L

START AGAIN!

TAG: 4 COUNTS

END OF WALL 3, FACING 9 O'CLOCK & END OF WALL 6 FACING 6 O'CLOCK R ROCKING CHAIR

- 1 - 2 Rock forward on R, recover onto L
- 3 - 4 Rock Back on R, recover onto L

*** ENDING:

At end of music after it slows stay with the beat and finish with counts 5-6 of section 4 Facing 12 o'clock
Last Update - 16 April 2021