

Rockin' Pneumonia

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Novice
編舞者: Thomas Haynes (USA) - April 2021
音樂: Rockin' Pneumonia and the Boogie Woogie Flu - Johnny Rivers



TOE HEEL FANS RIGHT AND LEFT.

- 1-2- With feet together, fan out right toes, fan out with right heel
- 3-4- Return right heel back to center, return right toes back to center
- 5-6- Fan out with left toes, fan out on left heel
- 7-8- Return left heel to center, return left toes to center, weight on left

SIDE STEP TOUCHES.

- 1-2- Side step to the right right, touch left next to right
- 3-4- Step forward on left, touch right up next to left
- 5-6- Step back on right, touch left next to right
- 7-8- Side step left to the left, touch right next to left

Right and left vines with 1/4 turn left

- 1-2- Step out on right, cross left behind right
- 3-4- Step out on right, touch left next to right
- 5-6- Step out on left, cross right behind left
- 7-8- Step out on left turning 1/4 turn left, touch right next to left

Rock steps, small walking step forward

- 1-2- Rock forward on right, recover on left
- 3-4- Rock back on right, recover on left
- 5-6- Small step forward on right, left
- 7-8- Small step forward on right, left beside right (optional left stomp)

(on steps 5-8 knees bend with body twist)

Begin again....
