

A Better Man

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chatti the Valley (ES) & Adela Ortega (ES) - April 2021
音樂: A Better Man - Clint Black



Intro: 32

[1-8]: Right GRAPEVINE Hitch ¼ TURN, Left GRAPEVINE & Cross.

- 1 Step right to right side
- 2 Step left behind right foot
- 3 Step right to right side
- 4 ¼ turn right, hitch left knee (3:00)
- 5 Step left to left side
- 6 Step right behind left foot
- 7 Step left to left side
- 8 Cross right over left

[9-16]: Left SIDE, ¼ TURN, Left STEP, HOLD, Right MAMBO CROSS, HOLD.

- 1 Step left to left side
- 2 ¼ turn right, weight on right foot (6:00)
- 3 Step left forward
- 4 Hold
- 5 Step right to right side
- 6 Recover weight on left foot
- 7 Cross right over left
- 8 Hold

[17-24]: Left SIDE, ¼ TURN, Left STEP, HOLD, Right STEP, Left TOE TOUCH, Left BACK, HOLD.

- 1 Step left to left side
- 2 ¼ turn right, weight on right foot (9:00)
- 3 Step left forward
- 4 Hold
- 5 Step right forward
- 6 Touch left toe behind right foot
- 7 Step left back
- 8 Hold

[25-32]: Right COASTER STEP, HOLD, Left Side MAMBO CROSS, HOLD.

- 1 Step right back
- 2 Step left back, beside right foot
- 3 Step right forward
- 4 Hold
- 5 Step left to left side
- 6 Recover weight on right foot
- 7 Cross left over right
- 8 Hold

START AGAIN