She is Electricity



拍數: 32 牆數: 4 級數: Improver

編舞者: Angéline Fourmage (FR) - 5 April 2021

音樂: Electricity - Ross Copperman

Start: 8 counts (4s approximatly) Sequence: A-16-A-A-16-A-A-A

[1-8] V-Step, Triple-Step, Step Turn ½ L, Turn

1-2 LF Back, RF Back

3&4 LF FW, RF next to LF, LF FW 5-6 RF FW, ½ L (Weight is on LF)

7&8 Make ½ L RF Back, Make ½ L LF W, RF FW*

*Option: Triple-Step

7&8 RF FW, LF next to RF, RF FW

[9-16] Wizard, Rock-Step, Together, Rock-Step*

1-2& LF FW, Cross RF behind LF, LF FW
3-4& RF FW, Cross LF behind RF, RF FW
5-6& LF FW, Recover to RF, LF next to RF

*(For the Restart: 5-6 LF FW, Recover to RF 7-8 LF next to RF, Stomp RF next to LF)

7-8 RF FW, Recover to LF

[17-24] Point ½ R, Step, Heel, Ball-Step, Rock-Step, Side

1-2 Point RF Back, Make ½ R (Weight is on RF)

3-4& LF FW, Hold, RF next to LF

5-6 LF FW, RF FW

7-8 Recover to LF, RF to the R side

[25-32] Jazz-Box, ¼ L, Diagonal, Touch, Diagonal, Touch

1-2 Cross LF over RF, RF Back

3-4 Make ¼ L with LF to the L side, Cross RF next to LF

5-6 LF FW on L Diagonal, Touch RF next to LF7-8 RF Back on R Diagonal, Touch LF next to RF

Smile and enjoy the dance

Contact: maellynedance@gmail.com