

# Bien loco loco

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sobrielo Philip Gene (SG) - April 2021  
音樂: Vamos a Ponernos Locos - Mark B



Intro: 32 counts

## [1-8] STEP, ROCK RECOVER, 1/4 FORWARD, STEP HITCH, STEP BACK SWEEP

1-3            Step RF to right (1), Cross rock LF over RF (2), recover weight onto RF (3),  
4-5            1/4 left step LF forward (4) Step RF forward while hitching LF behind RF (5) (Figure 4) (9:00)  
6-8            Step LF slightly back sweeping RF forward to back (6), Step RF back sweeping LF forward to  
                 back (8) Step LF back sweeping RF forward to back(8),

## [9-16] SAILOR STEPS, PIVOT 1/2 WALK WALK

1&2            Step RF back of LF (1), step LF to left (&), Step RF to right (2)  
3&4            Step LF back of RF (1), step RF to right (&), Step LF to left (2)  
5-6            Step RF forward (5), turn 1/2 left (6)  
7-8            Walk forward RF (7), walk forward LF (3:00)

## [17-24] HIP SWAYS QUICK STEPS (R/L)

1-3            Step RF to right and sway hip to right (1), sway hip to left (2), sway hip to right (3)  
&4            Step LF beside RF (&) step RF beside LF (4)  
5-7            Step LF to left and sway hip to left (5), sway hip to right (6), sway hip to left (7)  
&8            Step RF beside LF (&) step LF beside RF (4)

## [25-32] ROCK RECOVER, 1/2 SHUFFLE, ROCK RECOVER COASTER CROSS

1-2            Rock RF forward (1), Recover onto LF (2)  
3&4            1/4 right step RF to right (3), step LF beside RF (&), 1/4 right step RF forward (4)  
5-6            Rock LF forward (5), Recover onto RF (6)  
7&8            Step LF back (7), step RF beside LF (&), Cross LF over RF (8)

Repeat

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