

Keep It Cool

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sebastiaan Holtland (NL) - April 2021
音樂: Cool - Landon Austin & Matthew Parker



One easy tag of 4 counts - wall 7, after 16 counts, after start again (facing 9 o'clock).
Introduction: 16 counts, start after the vocals approx 10 sec.

Part 1. [1-8] Side Rock R, Syncopated Side Gallops L, Side Rock L, L Behind, R Side, L Fwd.

1,2 Rock Rf to R (1), Recover back onto Lf (2).
&3&4 Step Rf beside Lf (&), Step Lf to L (3), Step Rf beside Lf (&), Step Lf to L (4).
&5,6 Step Rf beside Lf (&), Rock Lf to L (5), Recover back onto Rf (6).
7&8 Step Lf behind Rf (7), Step Rf to R (&), Step Lf slightly fwd (8).

Part 2. [9-16] Syncopated Side Points R, L, Dip & R Touch ¼ Turn R, Press Step R with Sweep R, Fwd Swivel L.

1&2 Point Rf out to R (1), Step Rf beside Lf (&), Point Lf out to L (2).
3,4 Dip your body Down (3), Coming up and make ¼ turn R (3.00) and touch Rf slightly fwd Lf (4).
5,6 Press Rf fwd (5), Recover back onto Lf and sweep Rf from front to back (6).
7&8 Step Rf back in place (7), Swivel Lf fwd (&), Swivel Lf back to centre taking weight onto Lf (8).
(NB: Tag here in wall 7 after 16 counts, after start again (facing 9 o'clock).

Part 3. [17-24] Side R, L Together, ½ Shuffle Turn back to L, Back Rock L, Step L, Side Point R.

1,2 Step Rf to R (1), Step Lf beside Rf (2).
3&4 Make ½ turn L (9.00) R shuffle back (3&4).
5,8 Rock Lf back (5), Recover back onto Rf (6), Step Lf fwd (7), Point Rf out to R (8).

Part 4. [25-32] Cross Sailor R with ¼ Turn R, L Together, R Side, Heel Flick L, L Replace, R Back, Hold, Step L with ¼ Turn L, R Touch Together L.

1&2 Step Rf across Lf (1), Make ¼ turn R (12.00) step Lf back (&), Step Rf to R (2).
&3&4 Step Lf beside Rf (&), Step Rf to R (3), Flick Lf behind R knee (&), Step Lf back in place (4).
5,8 Step Rf back (5), Hold (6), Make ¼ Turn L (9.00) step Lf fwd (7), Touch Rf beside Lf (8).

REPEAT DANCE AND HAVE FUN!!

TAG: Wall 7 after 16 counts

[1,4] Syncopated Heel Flicks Behinds L, R, L, R.

1&2& Step Rf to R (1), Flick Lf behind R knee (&), Step Lf back in place (2), Flick Rf behind L knee (&).
3&4& Step Rf back in place (3), Flick Lf behind R knee (&), Step Lf back in place (4), Flick Rf behind L knee (&).