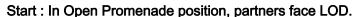
Better With You (P)



拍數: 64 編數: 0 級數: Intermediate Partner

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音樂: Better with You - Justin Tyler



Intro: 8 counts.

[1-8] M: 2X KICK, COASTER STEP, HEEL-TOGETHER-STEP, SHUFFLE FWD in 1/2 TURN R [1-8] L: 2X KICK, COASTER STEP, HEEL-TOGETHER-STEP, SHUFFLE FWD in 1/2 TURN L

1-2 M: Cross R kick over L, R kick outside to right

L: Cross L kick over R, L kick outside to left

3&4 M : Step R back, step L together R, step R forward

L : Step L back, step R together L, step L forward

5&6 M: Heel L forward, step L together R, step R forward

L : Heel R forward, step R together L, step L forward

7&8 M : Shuffle forward in 1/2 turn to right with L,R,L

L: Shuffle forward in 1/2 turn to left with R,L,R

*** On count 7, let go both hands to take both interior hands at the end of the turn.

You are now in Open Promenade position, man ILOD, lady OLOD (face RLOD).

[9-16] M: 2X 1/4 TURN R, SAILOR STEP in 1/4 TURN R, STEP FWD, HINGE 1/2 TURN L and STEP BACK, COASTER STEP

[9-16] L : 2X 1/4 TURN L, SAILOR STEP in 1/4 TURN L, STEP FWD, 1/2 TURN R and STEP BACK, COASTER STEP

1-2 M: 1/4 turn to right and step R to right, 1/4 turn to right and step L to left

L: 1/4 turn to left and step L to left, 1/4 turn to left and step R to right

*** On count 1, let go both interior hands, on count 2, take both interior hands. You are now in Open Promenade position, man ILOD, lady OLOD (face LOD).

3&4 M: Cross step R behind L, 1/4 turn to right and step L on place, step R forward (face OLOD)

L: Cross step L behind R, 1/4 turn to left and step R on place, step L forward (face ILOD)

5-6 M: Step L forward, 1/2 turn to left and step R back

L: Step R forward, 1/2 turn to right and step L back

*** On count 5, the man with his R hand raise the lady's L hand at the eyes level.

On count 6, the man with his L hand take the lady's R hand.

You are now in Double Hand Hold position, man OLOD, lady ILOD (face LOD).

7&8 M: Step L back, step R together L, step L forward

L: Step R back, step L together R, step R forward

[17-24] M: 2X WALK in 1/4 TURN R, SHUFFLE in 1/2 TURN R, 2X WALK BACK, SHUFFLE in 1/2 TURN L [17-24] L: 2X WALK in 1/4 TURN R, SHUFFLE in 1/2 TURN R, 2X WALK FWD, SHUFFLE FWD

1-2 M: Walk forward in 1/4 turn to right with R,L

L: Walk forward in 1/4 turn to right with L,R

On count 1, the man let go the lady's L hand and they are now in Close Western position.

3&4 M: Shuffle in 1/2 turn to right with R,L,R

L: Shuffle in 1/2 turn to right with L,R,L

5-6 M: Walk back with L,R

L: Walk forward with R,L

7&8 M: Shuffle in 1/2 turn to left with L,R,L

L: Shuffle forward with R,L,R

*** On count 7, the lady with her R hand raise the man's L hand over his head.

You are now in Open Promenade position face LOD, man OLOD, lady ILOD.

[25-32] M: ROCK STEP, RECOVER, COASTER STEP, ROCK STEP, RECOVER, SHUFFLE BACK [25-32] L: ROCK STEP, RECOVER, COASTER STEP, STEP, PIVOT 1/2 TURN L, SHUFFLE FWD

1-2 M : Rock step R forward, recover on L

L: Rock step L forward, recover on R

3&4 M : Step R back, step L together R, step R forward

L: Step L back, step R together L, step L forward

5-6 M : Rock step L forward, recover on R

L : Step R forward, pivot 1/2 turn to left (face RLOD)

*** On count 5, the man with his L hand raise the lady's R hand over her head, On count 6 take back both free hands. You are now in Double Hand Hold position.

7&8 M : Shuffle back with L,R,L

L: Shuffle forward with R,L,R

[33-40] M : ROCK STEP, RECOVER, SHUFFLE in 1/2 TURN R, ROCK BACK, RECOVER, SHUFFLE FWD [33-40] L : ROCK STEP, RECOVER, SHUFFLE in 1/2 TURN L, ROCK STEP, TRIPLE STEP in 1 1/2 TURN R

1-2 M: Rock back R, recover on L

L: Rock step L forward, recover on R

3&4 M : Shuffle in 1/2 turn to right with R,L,R

L: Shuffle in 1/2 turn to left with L.R.L

5-6 M: Rock back L, recover on R

L: Rock step R forward, recover on L

7&8 M : Shuffle forward with L,R,L

L: Triple step in 1 1/2 turn to right with R,L,R (face RLOD) (easy option: 1/2 turn to right)

*** On count 7, the man let go the lady's R hand and raise the other hand over the lady's head. You are now in Open promenade position, man OLOD and lady ILOD.

[41-48] M: ROCK STEP, RECOVER, 1/4 TURN R CHASSÉ to R, 2X SAILOR STEP [41-48] L: ROCK STEP, RECOVER, 1/4 TURN L CHASSÉ to L, 2X SAILOR STEP

1-2 M : Rock step R forward, recover on L

L: Rock step L forward, recover on R

3&4 M: 1/4 turn to right and chassé to right with R,L,R

L: 1/4 turn to left and chassé to left with L.R.L

*** On count 3, the man with his L hand take back the lady's R hand.

You are now face to face in Double Hand Hold position, man OLOD and lady ILOD.

5&6 M: Cross step L behind R, step R to right, step L to left

L: Cross step R behind L, step L to left, step R to right

7&8 M: Cross step R behind L, step L to left, step R to right

L: Cross step L behind R, step R to right, step L to left

[49-56] M: ROCK STEP, RECOVER, COASTER STEP, 2X WALK in 1/4 TURN R, SHUFFLE FWD [49-56] L: ROCK STEP, RECOVER, COASTER STEP, 2X WALK in 1/4 TURN L, SHUFFLE FWD

1-2 M : Rock step L forward, recover on R

L: Rock step R forward, recover on L

*** On count 1, without letting go the hands, the man do his rock step at the lady's left side.

The lady do hers on rock step at the man's left side.

You are now face to face in Double Hand Hold position, man OLOD and lady ILOD.

3&4 M: Step L back, step R together L, step L forward

L: Step R back, step L together R, step R forward

5-6 M: Walk in 1/4 turn to right with R,L

L: Walk in 1/4 turn left with L,R

*** On count 5, the man let go the lady's R hand and raise the lady's L hand over her head.

*** On count 6, return in Promenade position face to LOD, the man ILOD the lady OLOD.

7&8 M : Shuffle forward with R,L,R (face LOD)

L : Shuffle forward with L,R,L (face LOD)

[57-64] M: 2X WALK FWD, SHUFFLE FWD, 2X WALK FWD, KICK-BALL-STOMP

[57-64] L: STEP FWD, 1/2 HINGE TURN R, SHUFFLE in 1/2 TURN R, 2X WALK FWD, KICK-BALL-STOMP

1-2 M : Walk forward with L,R

L : Step R forward, 1/2 turn to right and step L back

3&4 M : Shuffle forward with L,R,L

L: Shuffle in 1/2 turn to right with R,L,R

5-6 M: Walk forward with R,L

L: Walk forward with L,R

7&8 M: Low kick R forward, step R together L, stomp L on the floor (ending weight on step L)

L: Low kick L forward, step L together R, stomp R on the floor (ending weight on step R)

HAVE FUN! GUY & NANCY