

Del Mar

拍數: 32 牆數: 4 級數: Improver
編舞者: Nathan Gardiner (SCO) & Shirley Wijaya (INA) - April 2021
音樂: Del Mar - Ozuna, Doja Cat & Sia



Intro: 16 counts

S1: Side R, Together, Samba Step, Cross, Side R, 1/8 L, Behind, 1/8 L

1-2 Step R to R side (1), Step L next to R (2)
3&4 Cross R over L (3), Rock out to L side (&), Recover on R (4)
5&6 Cross L over R (5), Step R to R side (&), 1/8 L stepping back on L (6)
7-8 Step R behind L (7), 1/8 L stepping L to L side (8)

S2: Cross Rock, Recover, Ball, Cross Rock, Recover, Side Rock, Recover, Cross, Side R, Together, Weave 1/4 L

1-2& Cross rock R over L (1), Recover on L (2), Step R slightly to R side (&)
3&4& Cross rock L over R (3), Recover on R (&), Rock out to L side (4), Recover on R (&)
5-6& Cross L over R (5), Step R to R side (6), Step L next to R (&)
7&8& Cross R over L (7), Step L to L side (&), Step R behind L (8), 1/4 L stepping forward on L (&)

S3: Mambo Step, Cross, Point, Sailor 1/4 R, Rock Forward, Recover

1&2 Rock forward on R (1), Recover on left (&), Step slightly back on right (2)
3-4 Cross L over R (3), Point R to R side (4)
5&6 Step R behind L (5), 1/4 R stepping L slightly to L side (&), Step forward on R (6)
7-8 Rock forward on L (7), Recover on R (8)

Option: body roll on count 7-8

S4: Anchor Step with knee pop, Sailor 1/2 R, Side Rock, Recover, Behind, Side, Cross

1&2 Step slightly back on L popping R knee forward (1), step R in place (&), step slightly back on L popping R knee forward (2)
3&4 Step R behind L (3), 1/2 R stepping L next to R (&), Step forward on R (4)
5-6 Step L to L side (5), Recover on R (6)

Option counts 5-6: Hip Roll anti-clockwise

7&8 Step L behind R (7), Step R to R side (&), Cross L over R (8)

Restart: On wall 5 dance 16& counts then restart the dance

Contact;

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We hope you enjoy our dance