

Lasting Lover

拍數: 32 牆數: 4 級數: Improver
編舞者: Antoinette John (AUS) - March 2021
音樂: Lasting Lover - Sigala & James Arthur



Intro: Dance begins on vocals (16 Counts) 3 Tags. No Restarts. Weight on right foot.

Cross, Side, Behind, Point, Cross, Side, Behind, Point

1,2,3,4 Cross L over R, step R to R side, step L behind R, point R to R side
5,6,7,8 Cross R over L, step L to L side, step R behind L, point L to L side.

Shuffle Forward, Shuffle Forward, Rock Forward, Back, 1/2 Turn Step, Together

1&2,3&4 Step L forward, step R next to L, step L forward, step R forward, step L next to R, step R forward
5,6,7,8 Rock forward on L, back on R, turn 1/2 left stepping LR (6.00)

Side, Touch, Side, Touch, Rock Forward, Back, 1/2 Turning Shuffle

1,2,3,4 Step L to L side, touch R, step R to R side, touch L to side
5,6,7&8 Rock forward on L, back on R, turn 1/2 left stepping LRL (12.00)

Rock Forward, Back, 1/4 Side Shuffle, Pivot Turn, Pivot turn.

1,2,3,4 Rock forward on R, back on L, turn 1/4 right stepping RLR to side (9.00)
5,6,7,8 Step L forward, pivot 1/2 right, step L forward, pivot 1/2 right.

Tags:

End of wall 5 facing 3 o'clock and wall 12 facing 12 o'clock add: K Step

1,2,3,4 Step forward 45 deg on L, touch R, step back 45 deg on R, touch L,
5,6,7,8 Step back 45 deg on L, touch R, step forward on R, scuff R

End of Wall 6 facing 6 o'clock add: Rocking Chair.

1,2,3,4 Rock forward on L, recover on R, rock back on L, recover on R

Ending:

Wall 13 facing 12 o'clock, dance 30 counts then a paddle turn to face the front.

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Updated: 15 April 2021

Last Site Update - 29 April 2021