Lovin' on You

拍數: 32

級數: Easy Beginner

編舞者: Wendy Haggerty (USA) - March 2021

音樂: Lovin' on You - Luke Combs

Start on lyrics

TOE STRUTS MOVING BACKWARD R L R L

- 1-2 Touch R toes back, drop R heel down
- 3-4 Touch L toes back, drop L heel down
- 5-6 Touch R toes back, drop R heel down
- 7-8 Touch L toes back, drop L heel down

OUT OUT IN IN x2

- 1-2 Step RF out to R side, Step LF out to L side
- 3-4 Step RF back in, Step LF back in
- 5-6 Step RF out to R side, Step LF out to L side
- 7-8 Step RF back in, Step LF back in

OPTION: you can double time the out out in in for some extra spice (5&6&7&8&)

STEP KICK, STEP KICK, STEP KICK, STEP KICK

- 1-2 Step RF forward, kick LF across and in front of RF
- 3-4 Step LF forward, kick RF across and in front of LF
- 5-6 Step RF forward, kick LF across and in front of RF
- 7-8 Step LF forward, kick RF across and in front of LF

JAZZ BOX ¼ TURN RIGHT, 2 HIP BUMPS RIGHT, 2 HIP BUMPS LEFT

- 1-2 Step RF over LF, Step diagonally back on LF
- 3-4 Step RF ¼ turn R stepping RF to R side, Step LF next to RF
- 5-6 Step RF forward and bump R hips forward 2x
- 7-8 Shift weight back to LF and bump L hips backward 2x

Enjoy and spice it up!

Contact choreographer: Whaggerty2016@gmail.com/www.ZestYogaAndFitness.com





牆數:4