

Girl So Cold

拍數: 64 牆數: 2 級數: Advanced NC
編舞者: Géraldine Beluche (FR) - March 2021
音樂: Cold - Chris Stapleton



Intro : 4 count after the piano notes

[1-8] Step, Rockstep, Back, Sweep, Behind, 1/8 turn, Syncopated switching rocksteps

- 1-2& Step R forward (1), rock L forward (2), recover on R (&) (12:00)
- 3-4& Back L with sweep R (3), step R behind L (4), 1/8 turn L step L forward (&) (10:30)
- 5-6& Rock R forward (5), recover on L (6), back R (&)
- 7-8& Rock L back (7), recover on R (8), 1/2 turn R stepping L on back (&) (4:30)

[9-16] Rockstep, Full turn sweep, Cross, 1/8 turn, Sway (x3), Side, Rockstep

- 1-2 Rock R back (1), recover on L (2),
- &3 Full turn L forward : 1/2 turn L step R back (&), 1/2 L step L forward with sweep R (3)
- 4&5 Cross R over L (4), 1/8 turn R step L back (8), step R on R side with sway R (5) (6:00)
- 6& Sway L (6), sway R (&)
- 7-8& Step L on L side (7), rock R back (8), recover on L (&)

Restart here on 2nd and 4th wall

[17-24] Basic, Step drag, Behind side cross, Sweep, Cross shuffle, 1/8 turn, Hitch, Back (x2)

- 1-2& Basic R on R side : Large step R on R side dragging L (1), step L slightly behind R (2), cross/step R over L (&)
- 3 Step L to L side dragging R (3)
- 4&5 Cross R behind L (4), step L on L side (&), cross R over L with sweep L (5)
- 6&7 Cross shuffle on R side : Cross L over R (6), ball R on R side (&), cross L over R with 1/8 turn R (7) (7:30)
- &8& Hitch R (&), step R back (8), step L back (&)

[25-32] Rockstep, Full turn, Rockstep, Back x2, 1/8 turn, Side step, Cross rock, Side step, Cross

- 1,2&3 Rock R back (1), recover on L (2), full turn L forward : 1/2 turn L step R behind (&), 1/2 L step L forward (3)
- 4&5 Rock R forward (4), recover on L (&), step R back (5)
- 6&7& Step L back (6), 1/8 turn R step R on R side (&), cross rock L over R (7), recover on R (&) (9:00)
- 8& Step L on L side (8), cross R over L (&)

[33-40] Basic x2, 1/2 + 1/8 turn Sweep up, Walk x2, Rockstep, Back x2, Arm movement

- 1-2& Basic L on L side : Large step L on L side dragging R (1), step R slightly behind L (2), cross/step L over R (&)
- 3-4& Basic R on R side : Large step R on R side dragging L (3), step L slightly behind R (4), cross/step R over L (&)
- 5 1/2 + 1/8 turn sweep up : 1/4 turn R step L back with sweep up R, 1/4 + 1/8 turn ending sweep (4:30)
- 6&7& Walk R forward (6), walk L forward (&), rock R forward (7), recover on L (&)
- 8&a Step R back (8), step L back (&), push R arm to R side and keep it (a)

[41-48] Arms movements, Step x2, Rockstep sweep, Behind, 1/4 turn Step, Step, Arms movements, Rockstep, Back

- 1-2 Push L arm to L side and keep it (1), cross L and R arms on the chest and keep it (2)
- 3-4&5 Step R forward (3), step L forward (4), rock R forward (&), recover on L with sweep R and spread arms (5)

6&a7 Step R behind L (6), 1/4 turn L step L forward (&), raise R arm up (a), step R forward (7) (1:30)
e&8& Raise L arm up (e), Rock L forward (&), recover on R (8), step L back (&)

[49-56] Rockstep with arms movements, Step 1/2 turn, Step, Rockstep with arms, Step, Back, 1/8 turn, Sway (x3)

1-2-3 Rock R back with spread arms and arch body (1), recover on L (2), step R forward (3)
&4& Step L forward (&), 1/2 turn R step R forward (4), step L forward (&) (7:30)
5-6 Rock R forward pushing arms forward (5), recover on L lowering arms (6)
&7-8& Step R back (&), 1/8 turn L step L on L side with sway (7), sway R (8), sway L (&)

[57-64] Basic x2, 1/4 turn sweep, Behind, 1/4 turn step, Step, Rockstep, Drag

1-2& Basic R on R side : Large step R on R side dragging L (1), step L slightly behind R (2), cross/step R over L (&)
3-4& Basic L on L side : Large step L on L side dragging R (3), step R slightly behind L (4), cross/step L over R (&)
5 1/4 turn L step R back and sweep L (5)
6&7 Step L behind R (6), 1/4 turn R step R forward (&), step L forward (7)
&8& Rock R forward (&), recover on L (8), drag R next to L (&)

Ending : on 6th wall, dance until count 46 (6&), then replace last count with :

7-8& Rock R forward (7), recover on L (8), 1/2 turn R step R forward with sweep L (&)
1-2 Cross L toe over R (1), unwind full turn R with sweep R (2)
