Right Back



拍數: 80 牆數: 2 級數: Phrased Intermediate

編舞者: Linda Wolfe (AUS) & Robyn Groot (AUS) - February 2021

音樂: Right Back Where We Started From - Maxine Nightingale: (Album: Sensational

70's - Original Artists Re Recording - iTunes)



Sequence: ABB ABB ABB Short A (32 counts) Short A (32 counts)

Part A (48 Counts)

[1-8] Ball Sten	Walk Back	Left Shuffle Back	Back Rock	Right Shuffle Forward.
I I OI Dall Step.	. vvain Dach.	Leit Ollulle Dack.	Dack Nuck.	Mull Shulle I Olwaid.

&1-2 Small step back on Right. Walk back Lef	ft. Riaht.	
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3&4 Step back on Left. Close Right beside Left. Step back on Left. (Shuffle backwards)

5 - 6 Rock back on Right. Recover weight on Left. (Alternatively 1/2 turn Right stepping forward on

Right. 1/2 turn Right stepping back on Left)

7&8 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)

[9-16] Left Heel Dig. Right Heel Dig. Step. Pivot 1/4 Turn Right. Repeat.

1&2&	Touch Left heel forward. Step on Left. Touch Right heel forward. Step on Right.
3 - 4	Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)(Facing 3 o'clock)
5&6&	Touch Left heel forward. Step on Left. Touch Right heel forward. Step on Right.
7 - 8	Step forward on Left. Pivot 1/4 turn Right. (Weight on Right)(Facing 6 o'clock)

[17-24] Left Cross Rock. Left Side Rock. Cross. Back. Side. Right Cross Rock.

1 - 2 Cross rock Left over Right. Recover weight on Right.

3 - 4 Rock Left to Left side. Recover weight on Right.

5 - 6 Cross Left over Right. Step back on Right out to the Right.

7 - 8 Step Left to Left side. Cross rock Right over Left.

[25-32] Recover Left. Right Side Rock. Cross. Back. Side. Left Cross Shuffle.

1 - 2 Recover weight on Left. Rock Right to Right side.

3 - 4 Recover weight on Left. Cross Right over Left.

5 - 6 Step back on Left out to Left side. Step Right to Right side.

7&8 Cross Left over Right. Step Right to Right. Cross Left over Right. (Cross Shuffle) ***(Restart

here on Short A 32 counts)

[33-40] 1/4 Turn Left. 1/2 Turn Left. Right Shuffle Forward. Step. Pivot 1/2 Turn Right. Left Shuffle Forward.

1 - 2 Turning 1/4 turn Left, step back on Right. (3:00) Turning 1/2 turn Left, step forward on Left. (9:00)

3&4 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)

5 - 6 Step forward on Left. Pivot 1/2 turn Right. (Facing 3 o'clock)

7&8 Step forward on Left. Close Right beside Left. Step forward on Left. (Shuffle forward)

[41-48] Full Turn Left. Right Shuffle Forward. Step Pivot 1/2 Turn Right. 1/4 Turn Left. Side Shuffle Left.

1 - 2 Turning 1/2 turn Left, step back on Right. (9:00) Turning 1/2 turn Left, step forward on Left. (3:00)

3&4 Step forward on Right. Close Left beside Right. Step forward on Right. (Shuffle forward)

5 - 6 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)

7&8 Turning 1/4 turn Right, step Left to Left side. Close Right beside Left. Step Left to Left side.

(1/4 turning side shuffle)(Facing 12 o'clock)

Part B (32 Counts)

[1-8] Out. Out. In. In. Rock Forward Right. Touch Right Back. Unwind 1/2 Turn Right. Right Coaster Step.

&1&2	Step Right to Right side. Step Left to Left side. Step Right in to Centre. Step Left next to Right.				
3 - 4	Rock forward on Right. Recover weight on left.				
5 - 6	Touch Right toe back behind Left. Unwind 1/2 turn Right. (Weight on Left)(Facing 6 o'clock)				
7&8	Step back on Right. Step Left beside Right. Step slightly forward on Right.				
[9-16] Step. Point. Step. Point. Cross & Weave Right.					
1 - 2	Step forward on Left. Point Right toe to Right side.				
3 - 4	Step forward on Right. Point Left toe to Left side.				
5 - 6	Cross Left over Right. Step Right to Right side.				
7 - 8	Step Left behind Right. Step Right to Right side.				
[17-24] Left Cro	ss Rock. Left Side Shuffle. Cross. Unwind 1/2 Turn Left. Left Coaster Step.				
1 - 2	Cross rock Left over Right. Recover weight on Right.				
3&4	Step Left to Left side. Close Right beside Left. Step Left to Left side.				
5 - 6	Cross Right over Left. Unwind 1/2 turn Left. (Weight on Right)(Facing 12 o'clock)				
7&8	Step back on Left. Step Right beside Left. Step slightly forward on Left.				
[25-32] Right To	pe Strut Forward. 1/2 Turn Right Left Toes Strut Back. Back Rock. Walk Forward.				
1 - 2	Step forward on Right toe. Step Right heel down.				
3 - 4	Turning 1/2 turn Right, step back on Left toe. Step Left heel down. (Facing 6 o'clock)				
5 - 6	Rock back on Right. Recover weight on Left.				

Step forward on Right. Step forward on Left.

Repeat Part B (Facing 6 o'clock)

7 - 8